



OAK FOREST PARK DISTRICT

Parks & Recreation Activity Guide



**Fall
Winter
2026
2027**



*Join the Fun &
Get Social with Us!*



www.oakforestparks.org • 708.687.7270

RESIDENT | REGISTRATION AUGUST 24 • NON-RESIDENT | REGISTRATION AUGUST 26

BOARD OF DIRECTORS



James Emmett
President
2001–Present



Charles Wolf
Vice President
2015–Present



James Katula
Secretary
2015–Present



Roy Pruitt
Commissioner
2017–Present



Joe Pilch
Commissioner
2019–Present

Oak Forest Park District, a municipal governing agency, provides parks, recreational facilities, and activities for its residents. The Board of Commissioners is made up of 5 elected officials, each serving six-year terms. **Board meetings are held on the 2nd and 4th Thursdays of each month at 7:00 pm at the Central Park Building, 15601 S. Central Avenue, and are open to the public.**

Dear Oak Forest Residents,

We made it through another summer and are looking forward to the cooler months and all the wonderful fall and winter activities that come along with them!

We were busy this spring and summer working on our OSLAD Grant for Don Gorman Park, and have finalized the engineered plans for the park design. Beginning this fall, we will be working on project specifications to begin the bidding process over the winter. Our park design includes: new playground equipment, a picnic pavilion with permanent bag boards, a ground play splash pad, a walking path around the park, a pollinator rain garden, and parking lot upgrades. While we won't be breaking ground on this project until the spring, know that the project is well underway and will be worth the wait!

Again, this fall and winter we will be offering a variety of activities and events for everyone in the community. Annual events like the Old Times Family Picnic will be held on Labor Day Sunday, September 6th, at Central Park; the Senior Picnic will be held Friday, September 11th; and Daddy Daughter Date Night will be held Friday, February 12th. New events such as Winter Break Fun-Day, Pop Star Dance Jam, and Movie Musical Dance will all be great ways to keep kids active and having fun during the cold winter months. Registration for all of our fall and winter activities will begin August 24th for residents, and August 26th for non-residents.

I encourage everyone to take a look through our activity guide and find something that sparks your interest. If activities aren't your thing, take time to explore our parks. This fall, we will be replacing the current playground at Vergne Way Park with all new playground equipment and adding amenities such as a zipline, new climbing structures, and nest swings.

On behalf of the commissioners and staff of the Oak Forest Park District, I would also like to thank the community for their continued support of our activities and events. We are looking forward to a great fall and winter season, and can't wait to see everyone out in our parks and at our programs!

Sincerely,

Kirstin Dahm
Director of Parks & Recreation

James Emmett, Charles Wolf, James Katula, Roy Pruitt, Joseph Pilch
Oak Forest Park District Board of Commissioners

MISSION STATEMENT

The Oak Forest Park District is dedicated to enhancing community morale by providing a variety of recreational opportunities, activities, special events, and trips that serve all individuals, enabling each to create and maintain a healthy lifestyle in a friendly, safe atmosphere. Our goal is to involve all community members and inform them of the many beneficial practices our Park District offers. We are also devoted to preserving open space and to establishing and maintaining the most modern equipment for our parks and facilities.

PARK DISTRICT ADMINISTRATIVE STAFF
708-687-7270 + Ext.

Kirstin Dahm	Director of Parks & Recreation	Ext. 132
Joseph Cainkar	Attorney	
Dave Beneventi	Superintendent of Maintenance	Ext. 167
Sue Ann Beardsley	Early Childhood Coordinator	Ext. 160
Brooke Fleming	Gymnastics Coordinator	Ext. 120
Annelle Garcia	Human Resources Specialist	Ext. 112
Jennifer Gomolka	Park Place Rental Coordinator	Ext. 118
Jennette Mikos	Recreation Supervisor	Ext. 119
Karen Perritano	Don Gorman Rec Center Coordinator	Ext. 140
Michelle Pruitt	Zone Fitness Center Manager	Ext. 128
Destiny Skelnik	Cheer/Dance Coordinator	Ext. 120
Christine Wiseman	Accounting Administrator	Ext. 113
Josh Zoberis	Recreation Supervisor	Ext. 117

COME OUT AND PLAY

Get in on the happenings at Oak Forest Park District. We can keep you in the loop through the monthly "Come Out & Play" Newsletter. It includes the month's achievements, upcoming activities and events, and periodic discounts/specials. To be a part of the latest and all the great happenings of your Park District, sign up by calling (708) 687-7270 ext. 117 or email jzoberis@oakforestparks.org. We will get you all taken care of. Please be assured we will NOT sell or pass your email along to any other groups.

ADA/INCLUSION SERVICES

The Oak Forest Park District welcomes the participation of individuals with disabilities and special needs in all activities. The Oak Forest Park District is committed to inclusion and to providing public recreation services in the most integrated setting, where interaction between people with and without disabilities is facilitated to the maximum extent feasible. The Oak Forest Park District works cooperatively with the South Suburban Special Recreation Association (SSSRA) to facilitate successful participation for participants who register for inclusive activities.

If you have a special need or request for reasonable accommodation in accordance with the Americans with Disabilities Act, and to assist Park District staff in addressing such need or request, we strongly urge you to contact the Oak Forest Park District in advance and in a timely manner, or indicate what these needs are on the registration form. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, the Oak Forest Park District asks that requests for reasonable accommodation be made at least two (2) weeks in advance of any activity.

BUILDING HOURS

All building and fitness center hours are subject to change

Central Park
Administrative Office

Mon. & Thurs. 9:00 am-7:00 pm
Tues. Weds. & Fri. 9:00 am-5:00 pm
Sat. 9:00 am-12:00 pm

(Dropbox registration available when the building is open, but the front desk is closed.)

Don Gorman Rec Center

(hours vary by activity)
Contact (708) 687-7270 ext.140

The Zone Fitness Center

Sat. & Sun 7:00 am-1:00 pm
Mon., Wed., &
Thurs. 7:00 am-8:00 pm
Tues. 6:00 am-8:00 pm
Fri. 6:00 am-6:00 pm

Park Place at Central

Open for tours & bookings by appointment only. See pages 6 & 7 for more information.



REGISTRATION POLICIES

- Register online, in person, by mail, or through the drop box, located at the front desk. New households must create a Household account to register online. The Park District is not responsible for cash placed in the drop box.
- Proof of residency is required. Resident rates apply to households that pay property taxes to the Oak Forest Park District. Additional fees may apply to non-residents.
- Registrations are processed in the order received.
- Incomplete registration forms may delay registration.
- A current phone number and email address are required for activity updates and emergencies.
- Participants are responsible for knowing activity dates, times, and locations. Activities will run as scheduled unless otherwise notified.
- The Park District is not responsible for lost or delayed mail.
- Fees will not be prorated for late registrations.
- Payment plans may be available for select activities with supervisor approval and must be paid by credit or debit card.
- Activity details, schedules, and locations are subject to change due to unforeseen circumstances.

PARK DISTRICT CANCELLATION POLICY

All activities have a minimum and maximum enrollment. If the minimum enrollment has not been reached, the recreation department reserves the right to cancel, postpone, or consolidate the activity with another. If an activity is canceled, a full refund will be issued without penalty.

NON-SUFFICIENT FUND POLICY

A \$35 Non-Sufficient Funds (NSF) fee will be applied to any returned checks or declined credit/debit card transactions. To maintain enrollment and participation in Park District activities, all outstanding balances must be paid in full by cash.

PHOTO USE

Oak Forest Park District reserves the right to photograph or videotape participants in its activities and/or at its facilities. These photos/videos are for Oak Forest Park District use. They may be used in Oak Forest Park District publications, flyers, brochures, videos, advertisements, newspapers, and on Oak Forest Park District social media outlets.

REFUND POLICY

- A full refund will be issued for any activity, special event, or trip canceled by the Oak Forest Park District. Refunds under \$25 will be issued as a household credit.
- Registrations for any activity, special event, one-day programs, or trips with fees of \$25 or less are non-refundable unless canceled by the Oak Forest Park District.
- A \$10 administrative fee will be deducted from all approved refunds. *(FunTime Preschool refunds are subject to a \$200 administrative fee; see page 16.)*
- Refunds are issued as follows:
100% refund **BEFORE** the first class
75% refund **BEFORE** the second class
50% refund **BEFORE** the third class
No refunds after the start of the third class
- Exceptions may be made for medical reasons *(doctor's note required)* or relocation outside the area.
- Participant safety is our top priority. Weather-related cancellations are beyond the Park District's control and are not eligible for refunds or credits.
- Activities that include event tickets, sports leagues, or trips may be refunded only if the vacancy can be filled.
- Refunds for contractual programs are subject to the policies of the individual contractor. Please contact the Recreation Supervisor for details.
- Refund requests must be submitted in person at the Central Park Administrative Office, 15601 S. Central Ave. Please allow 6–8 weeks for processing. All refunds are subject to supervisor approval.
- FunTime Preschool refund policies: See page 16.
- Youth Sports (Basketball, Flag Football/ Cheerleading, Girls Softball, Lacrosse, Soccer, and Wrestling): See page 30.

CODE OF CONDUCT

Participants are expected always to exhibit appropriate behavior. The following guidelines have been developed to help ensure the safety and enjoyment of Park District activities. Additional rules may be developed for activities and athletic leagues as deemed necessary by staff.

Participants shall:

1. Show respect to all participants and staff, as well as take direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to themselves, other participants, or staff.
4. Show respect to equipment, supplies, and facilities. No vandalism to anything will be tolerated.
5. Do not bring food, gum, or beverages (EXCEPT WATER) into the gymnasium.
6. No hindering of employees.
7. No resisting or interfering with an officer.

DISCIPLINE

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the session. If inappropriate behavior occurs, prompt resolution will be sought, specific to each situation. The Park District reserves the right to dismiss a participant whose behavior endangers their own safety or that of others.

OAK FOREST POLICE DEPARTMENT

The Oak Forest Police Department does a great job of keeping our parks safe. We can use your help as well. If you see vandalism or any other criminal activity, please help us by reporting it. The non-emergency number for the Oak Forest Police Department is (708) 687- 1376. In case of an emergency, dial 911.

THREATS OF VIOLENCE

The Oak Forest Park District is committed to the safety and well-being of staff and patrons. All acts or threats of violence by activity participants will be taken seriously, and the Oak Forest Park District will promptly respond to any incident or suggestion of violence. Violation of this policy will result in disciplinary action, up to and including suspension or denial of participation, at the discretion of the Oak Forest Park District.

ARSON TIPSTER AWARD ACTIVITY — STOP SENSELESS DAMAGE

To reduce and eliminate senseless damage caused by arson, the Oak Forest Park District encourages you to report any information you have about individuals causing fire to District property.

Reward: If the information you provide leads to the arrest of the arson perpetrator or conspirator, you may be eligible for a reward of up to \$500.00.

Confidential Communication: All communications between the arson tipster and the Oak Forest Park District are strictly confidential. The Oak Forest Park District will not release or disclose any information furnished by the arson tipster without the tipster's explicit consent and approval. To provide a tip or get more information, contact the Oak Forest Police Department at (708) 687-1376.



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SAVE AN ACTIVITY

Please sign up for a trip or activity as soon as you are interested, to avoid cancellation! Nothing kills an activity more quickly than insufficient participation.

Stay Social with Us!



WE'RE NOT PERFECT...ALTHOUGH WE STRIVE TO AVOID ANY TYPOS, MISPRINTS, INCORRECT INFORMATION; OCCASIONALLY WE MAY NEED TO ADJUST LISTED INFORMATION. THANK YOU FOR YOUR UNDERSTANDING.

THE CENTRAL PARK BUILDING
15601 S. Central Ave. • 708-687-7270

THE OAK ROOM

Located on the main floor of the Central Park building, next to our elevator, the Oak Room offers a welcoming setting for private events. The space features an exposed kitchen, rustic brick walls, wood-style flooring, and a soft, neutral color scheme.

AMENITIES

- Rectangular 8-foot or round 5-foot tables for guest seating with brown chairs.
- Rectangular 8- foot tables for other setup needs.
- Park District staff to set up and take down tables and chairs.
- Exposed kitchen with a serving counter including a refrigerator, freezer, sink, microwave & 60 cup maximum coffee maker (renter to provide associated supplies).
- A wall-mounted flat-screen television with basic cable channels.
- Guest Wi-Fi service.
- Delivery door within the event room for the vendor or renter's use.
- Public restrooms & water fountain located in the common area.
- Trash canisters with refillable bags.

ROOM CAPACITY

- 60 guests maximum (Capacity is also dependent on the type of event and floor plan set up)

RENTAL HOURS/FEES

- Renter to include the setup, event, and clean-up time in the total purchased hours.
- 4-hour minimum required.
- Monday- Friday rentals (subject to availability).
- Saturday & Sunday rentals operate from 12:00-10:30 pm.
- **NO HOLIDAY RENTALS**
- Security/Damage Deposit - \$200.00.

RESIDENT HOURLY RATES
\$75.00 per hour

NON-RESIDENT HOURLY RATES
\$100.00 per hour

RENTAL NOTES: Permits are accepted on an ongoing basis. There are **NO HOLIDAY RENTALS. PRICES SUBJECT TO CHANGE.** Additional rules, policies, and regulations are provided in the rental agreement upon booking. For more information on the Central Park Building, call Patti Kurtz at 708-687-7270, on the Don Gorman Recreation Center, call Karen at 708-687-8882 or visit our website and click on the Parks & Facilities link.

THE MAPLE ROOM

Located on the main floor of the Central Park building near the main entrance, the Maple Room offers a bright and welcoming setting for private events. The space features two floor-to-ceiling windows, a brick accent wall, wood-style flooring, and a neutral color palette.

AMENITIES

- Rectangular 6- foot tables for guest seating and other set-up needs with black mesh folding chairs.
- Park District staff to set up and take down tables and chairs.
- Multipurpose serving counter with a microwave & 30 cup maximum coffee maker available upon request (renter to provide associated supplies).
- Guest Wi-Fi service.
- Seasonal coat rack.
- American Flag pole.
- Trash canisters with refillable bags.
- Hand sanitizer wall dispenser.
- Public restrooms & water fountain located in the common area.

ROOM CAPACITY

- 30 guests maximum (Capacity is also dependent on the type of event and floor plan set up)

RENTAL HOURS/FEES

- Renter to include the setup, event, and clean-up time in the total purchased hours.
- 2-hour minimum required.
- Monday- Friday rentals (subject to availability).
- Saturday & Sunday rentals operate from 9:00-9:00 pm.
- **NO HOLIDAY RENTALS.**
- Security/Damage Deposit - \$100.00.

RESIDENT HOURLY RATES
\$40.00 per hour

NON-RESIDENT HOURLY RATES
\$55.00 per hour

ADDITIONAL DETAILS
FOR THE OAK ROOM & MAPLE ROOM

PAYMENT/SECURITY DEPOSIT/
CANCELLATION POLICY

- A signed rental agreement is required upon securing your rental date, along with the entire rental payment and an additional refundable security/damage deposit (if applicable).
- Oak Forest residents must provide proof of residency identification to apply for a resident discount.
- Cancellation submitted at least 60 days before the rental date, the renter will receive a 50% refund of the rental fee. The full security deposit will be refunded.
- If cancellation is submitted less than 60 days before the rental date, the renter will forfeit 100% of the rental fee. The full security deposit will be refunded.
- No transfer/change of rental date permitted.

RENTERS TO PROVIDE

- Catering, bar/beverages, table coverings, decorations & entertainment/vendors.
- Renters can provide beer, wine &/or liquor with proof of General Liability Insurance with appropriate liquor liability coverage.
- Additional on-site event vendors must be approved by the Park District and submit a certificate of insurance naming the Oak Forest Park District as an additional insured. These include, but are not limited to, magicians, clowns, food trucks, etc...
- No live bands/disc jockeys/music.



Oak Room



Maple Room

DON GORMAN REC CENTER
4412 Henry St. • 708-687-8882

DON GORMAN ROOM

Host your next celebration, gathering, or special event at the Don Gorman Recreation Center! Conveniently located within Don and Loretta Gorman Park in the Fieldcrest Subdivision, this charming venue offers a warm and welcoming atmosphere for private rentals.

AMENITIES

- Rectangular 8-foot tables for guest seating and other set-up needs with black folding chairs.
- Park District staff to set up and take down tables and chairs.
- Kitchen, including a stove/oven, refrigerator, freezer, sink, microwave and 36 cup coffee maker available upon request (renter to provide associated supplies).
- Public restrooms & water fountain located in the common area.

ROOM CAPACITY

- 70 guests maximum (Capacity is also dependent on the type of event and floor plan set up)

RENTAL HOURS/FEES

- Renter to include the setup, event, and clean-up time in the total purchased hours.
- Saturday rentals operate no later than 9:00 pm.
- Sunday rentals operate no later than 8:00 pm.
- **NO HOLIDAY RENTALS**

RESIDENT HOURLY RATES
Flat Rate (6-Hour Rental) – \$300.00
Security/Damage Deposit – \$200.00

NON-RESIDENT HOURLY RATES
Flat Rate (6-Hour Rental) – \$400.00
Security/Damage Deposit – \$200.00



Don Gorman

PARK PLACE AT CENTRAL
15601 S. Central Ave. • 708-687-7270



Life is an event, make it memorable!

Located only steps from the Oak Forest Park District’s main building, Park Place at Central is a beautiful facility for your next special event or business function. The space features a private kitchen, floor-to-ceiling windows, wood-like flooring, and neutral colors. It also has access to our outdoor gazebo and community park.

Private tours & bookings available by appointment only

Contact Rental Coordinator Jennifer Gomolka for more information and date availability:
Parkplace@oakforestparks.org • 708-687-7270 ext. 118
Like & follow “PARK PLACE AT CENTRAL” on FACEBOOK and to view photos.

GUEST CAPACITIES:	
Half Space Rental-Maximum of 60 guests Full Space Rental-Maximum of 120 guests	
NO HOLIDAY RENTALS • PRICES SUBJECT TO CHANGE	
RESIDENT RENTAL RATE <i>1 Form of Current Identification Required</i>	NON-RESIDENT RENTAL RATE
Full Space – Monday through Friday \$105.00 per hour 4 hour minimum (\$420)	Full Space – Monday through Friday \$135.00 per hour 4 hour minimum (\$540)
Full Space – Saturday and Sunday \$145.00 per hour 4 hour minimum (\$580)	Full Space – Saturday and Sunday \$175.00 per hour 4 hour minimum (\$700)
Half Space – Monday through Friday \$85.00 per hour 4 hour minimum (\$340)	Half Space – Monday through Friday \$115.00 per hour 4 hour minimum (\$460)
Half Space – Saturday and Sunday \$95.00 per hour 4 hour minimum (\$380)	Half Space – Saturday and Sunday \$125.00 per hour 4 hour minimum (\$500)



RENTAL AMENITIES INCLUDE:

- Renter’s choice of a day or evening rental (*Saturday and Sunday day rentals to conclude clean up by/before 4 pm and evening rentals to begin set up at 5:30 pm or after. Monday-Friday rentals inquire for timing.*)
- One tour included (*additional viewings require a fee.*)
- 5-foot round guest tables (*seat a maximum of 8 chairs per table.*)
- Cushioned, neutral-colored banquet chairs.
- 8-foot and 6-foot rectangular tables & highboy tables for other set-up needs.
- Custom-designed floor plan with the event team setting up and taking down all tables and chairs.
- Private kitchen space with a pull-down window option (*Including refrigerator, freezer, double sink, microwave, and 60-cup coffee urn.*)
- Bar & beverage serving counter with an ice sink (*renter to provide ice.*)
- Catering delivery door with a ramp to kitchen space to avoid interruption of the event.
- Wall-mounted smart televisions & Guest Wi-Fi service.
- Access to ceiling fans and lighting with dimmable options.
- Floor-to-ceiling windows with accessible roll-down window treatments.
- Event utility cart to conveniently haul event items.
- Restrooms and water fountains located in the foyer.
- Portable podium, American Flagpole, seasonal coat racks, trash canisters with refillable bags & hand sanitizer wall dispensers.
- Access to the community gazebo and park.
- Private event signage displayed outdoors to encourage event privacy.

PAYMENT/SECURITY DEPOSIT/CANCELLATION POLICY:

- The total rental payment is due upon securing the date with an additional \$200.00 security deposit and signed agreements.
- The time needed for set up and clean up MUST be included in the rental hours purchased. (*Minimum of an ½ hour set up and an ½ hour clean up required.*)
- Acceptable forms of payment: Cash, check, or credit/debit card. The rental will be canceled if the renter’s check is returned due to insufficient funds.
- If a cancellation is submitted at least 60 days before the event date, the renter will receive a 50% refund of the rental fee. The full \$200.00 security deposit will also be refunded.
- Cancellation less than 60 days from the event date, the renter will forfeit 100% of the rental fee. The full \$200.00 security deposit will be refunded.
- No transfer/change of rental date permitted. Additional policies are provided upon booking.

RENTERS TO PROVIDE:

- Food, beverages, and decorations desired (*including table coverings for all park place tables provided.*)
- Renters are allowed to serve alcohol with proof of General Liability Insurance with appropriate liquor liability coverage from an insurance carrier of their choice.
- Additional on-site event vendors must be approved by Park Place and submit a certificate of insurance stating Oak Forest Park District as additionally insured. These include, but are not limited to, food trucks, disc jockeys, magicians, etc.
- No bounce houses/blow-up or ball pit devices are allowed indoors or outdoors.



Find the perfect spot to host your next family gathering, birthday celebration, or corporate event!

The Oak Forest Park District offers four beautiful picnic pavilions available for rent, located throughout our parks in Oak Forest. Rental season begins in May and runs through August or September, depending on the location. Each pavilion features unique amenities and varying capacity limits to fit your needs.

- Resident permits accepted March 15, 2027.
- Non-resident permits accepted March 30, 2026.
- All fees must be paid with the submission of the rental application.
- NO HOLIDAY RENTALS
- Your security/damage deposit will be returned to you following your party if ALL rental rules and guidelines are followed and there is no damage to Park property.
- Cancellation requests submitted 30 days prior to event date, renter to receive a 50% refund of their rental fee.
- Cancellation requests submitted less than 30 days prior to event date, renter will forfeit 100% of the rental fee.

GINGERWOOD PARK PAVILION
169th & Forest

AMENITIES

- Party attendant available from 1:00-7:00 pm
- New indoor bathrooms
- New concession area
- Newer playground
- Spacious grounds for various activities
- Softball fields
- Walking path - .28 miles
- Bag set, throw down bases with wiffle bat and ball (Available for use with valid ID)

No cookers or grills are allowed at this pavilion.

PAVILION CAPACITY

- 50 guests maximum

RENTAL HOURS/FEES

- Available from noon to 7:00 pm - May to Aug.
- NO HOLIDAY RENTALS
- Application fee - \$50.00 (Non-Refundable)
- Security/Damage Deposit - \$200.00

RESIDENT RATES

\$125.00 for 7 hours

NON-RESIDENT RATES

\$200.00 for 7 hours

RENTAL NOTES: Any special requests, including but not limited to bouncers, carnival-type equipment, the use of music, conducting a raffle, fundraising events, or admittance fees, must be presented to the Park District for written approval at least four weeks before the event date. In some cases, a certificate of insurance listing the Oak Forest Park District as an additional insured will be required. Additional rules may apply and can be found on picnic permits. For more information on our Pavilion Rentals, call the front desk staff at 708-687-7270, or visit our website and click on the Parks & Facilities link.

CENTRAL PARK PAVILION
15601 S. Central Ave.

AMENITIES

- Playground
- 1 Sand Volleyball Court
- Softball Fields (if available)
- Tennis Courts (if available)

PAVILION CAPACITY

- 200 guests maximum

RENTAL HOURS/FEES

- Available Sat. & Sun. from noon to 7:00 pm, May to Aug.
- NO HOLIDAY RENTALS
- Application fee - \$50.00 (Non-Refundable)
- Security/Damage Deposit - \$200.00

RESIDENT RATES

\$125.00 for 7 hours

NON-RESIDENT RATES

\$200.00 for 7 hours

EL MORRO PARK PAVILION
Arroyo Ave. & Victoria Dr.

AMENITIES

- Party Attendant Available from 1:00-7:00 pm
- Indoor Bathrooms
- Concession Stand
- Playground
- Cooker/Grill Rental: \$50.00 per cooker/grill for Smokey pavilion only
- Unlimited golf for picnic party guests: \$60.00 (due when booking).

PAVILION CAPACITY

- Smoky Bear (Pavilion 1) - 100 guests maximum
- Yogi Bear (Pavilion 2) - 30 guests maximum

RENTAL HOURS/FEES

- Available from noon to 7:00 pm - May to mid-Sept.
- NO HOLIDAY RENTALS
- Application fee - \$50.00 (Non-Refundable)
- Security/Damage Deposit - \$200.00

SMOKY BEAR (PAVILION 1) RESIDENT RATES

\$150.00 for 7 hours

SMOKY BEAR (PAVILION 1) NON-RESIDENT RATES

\$225.00 for 7 hours

YOGI BEAR (PAVILION 2) RESIDENT RATES

\$90.00 for 7 hours

YOGI BEAR (PAVILION 2) NON-RESIDENT RATES

\$165.00 for 7 hours



The Zone Fitness Center

Central Park Building • 15601 Central Ave.

Join Today - Get in the Zone!

The Zone is dedicated to fitness and providing equipment designed to give you the best value for your dollar. Our courteous, qualified, and professional staff are ready to work with you in our friendly atmosphere. We are here to provide the solutions to your fitness needs.

Phone: 708-687-7270 x130 • Fax 708-687-9937

Website: www.oakforestparks.org

Manager: Michelle Pruitt

Personal Trainers: Roger Bradley, Chrissy Samiec

SEE WEBSITE AND FACEBOOK FOR CLUB HOURS

ZONE FULL MEMBERSHIP RATES (Couple/families must reside at the same address.)			
MEMBER TYPE	DUE AT SIGN-UP	MONTHLY FEE	ANNUAL FEE
Individual 18+	\$62.00	\$31.00	\$355.00
Senior Individual 60+	\$38.00	\$19.00	\$225.00
Additional Adult (4 per household)	\$20.00 p/p	\$10.00 p/p	+\$120.00 p/p
Student (Must have current ID)	\$32.00	\$16.00	\$180.00

ZONE FULL MEMBERSHIP DAY PASS RATES			
PASS TYPE	FEE	PASS TYPE	FEE
30-Day Pass	\$45.00	30-Day Student Pass	\$30.00
90-Day Pass	\$110.00	90-Day Student Pass	\$70.00

If you're NOT ready to commit to a full membership, see these options below.

ZONE "EQUIPMENT ONLY" DAY PASS RATES			
PASS TYPE	FEE	PASS TYPE	FEE
Individual 18+ Day Pass	\$7.00	10-Visit Day Pass	\$70.00
Senior 60+ Day Pass	\$5.00	10-Visit Senior Day Pass	\$50.00

ZONE "CLASSES ONLY" PASS PUNCH CARD RATES			
CARD TYPE	RESIDENT	NON-RESIDENT	
Single Class Drop-In	\$10.00	\$10.00	
10-Visit Punch Card	\$70.00	\$90.00	
20-Visit Punch Card	\$125.00	\$165.00	

All military, fire and police receive 50% off any Zone Membership

See pages 10-11 for a list of all classes.



THE ZONE FITNESS CENTER
FREE DAYS!

Thursday, Oct 15th

Monday, Nov 9th

Friday, Dec 11th

Wednesday, Jan 13th

Thursday, Feb 18th

Wednesday, Mar 17th

PERSONAL TRAINING
PACKAGES

(30-minute sessions*):

1 session-\$30.00

10 sessions-\$200.00

20 session-\$375.00

40 sessions-\$650.00

*You may combine two full sessions as one full hour.

THE ZONE CLASSES

Central Park Building • 15601 Central Ave.

The Zone classes are FREE with your “Zone” Fitness Center Membership. OR Non-Zone Fitness Center members can purchase a “Zone Punch Pass” for an option to enjoy these Zone Fitness Center classes.

CARD TYPE	RESIDENT	NON-RESIDENT
Single Drop-In	\$10.00	\$10.00
10-Punch Pass	\$70.00	\$90.00
20-Punch Pass	\$125.00	\$165.00

BODY SCULPT • AGES 16+

A strength training workout designed to tone and shape the body using resistance exercises, often incorporating weights, bands, and body weight.

INSTRUCTOR	DAY	TIME
Anita	MON	10-11 am

BOOM • AGES 16+

This is a high energy 30-min total body workout utilizing dumbbells and resistance bands and your body’s own resistance.

INSTRUCTOR	DAY	TIME
Chrissy	FRI	9-9:30 am

CYCLE MANIA • AGES 16+

One hour of indoor cycling is designed to improve cardio endurance and calorie burn.

INSTRUCTOR	DAY	TIME
Chrissy	FRI	5-6 pm

CYCLE MANIA/INTERVAL • AGES 16+

One hour of indoor cycling with breaks every 10 min for weight training.

INSTRUCTOR	DAY	TIME
Chrissy	WED	6-7 pm

FITNESS ELEVATION • AGES 16+

Compound exercises with short bursts of low-impact cardio to increase your total fat burn and keep your metabolism elevated.

INSTRUCTOR	DAY	TIME
Patti	MON	6-7 pm

SHAPE IT UP STEP INTERVAL • AGES 16+

Basic step moves, along with free-weight intervals and different calisthenics moves.

INSTRUCTOR	DAY	TIME
Chrissy	SAT	8:30-9:30 am

SILVER SNEAKER CARDIO • AGES 18+

Higher intensity, but safe and heart-healthy aerobics class to energize your active lifestyle using low-impact movements that focus specifically on building upper-body and core strength, plus cardio endurance.

INSTRUCTOR	DAY	TIME
Renee	THUR	9-9:45 am

SILVER SNEAKER CLASSIC • AGES 18+

Chair-based fitness class using light dumbbells and resistance bands designed to improve muscular strength and range of motion.

INSTRUCTOR	DAY	TIME
Renee	TUES	9-9:45 am

SILVER SNEAKER YOGA STRETCH • AGES 18+

Chair-based yoga movements and postures are designed to promote increased balance, flexibility, and circulation.

INSTRUCTOR	DAY	TIME
Renee	TUE & THUR	10-10:45 am

TABATA BURN • AGES 16+

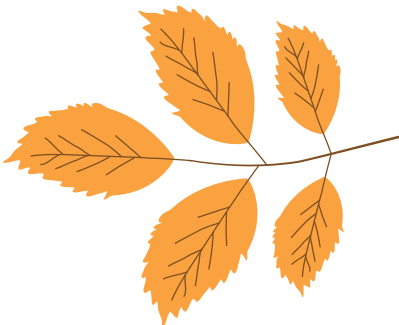
30 minutes of core and conditioning with weights, 20 seconds on/20 seconds off, ending with 10 minutes of abs/core work.

INSTRUCTOR	DAY	TIME
Chrissy	WED	10:15-11 am

YOGA • AGES 16+

Flowing from pose to pose increases strength and flexibility while also promoting focus on breathing, body awareness, and relaxation. This class will increase your balance, flexibility, and circulation.

INSTRUCTOR	DAY	TIME
Patti	MON & WED	9-10 am
Patti	THUR	6-7 pm
Cassidy	FRI	9:45-10:45 am
Patti	SAT	10-11 am



ZUMBA • AGES 16+

This is a 60-minute dance fitness class that incorporates a variety of Latin-inspired dance moves and music to promote heart health. It’s a fun and exciting way to build and tone muscle, improve your cardiovascular health, and decrease stress.

INSTRUCTOR	DAY	TIME
Kristen Castillo	MON (check drop-in calendar for exact Mon.)	6:30-7:30 pm

MIND-BODY BALANCE FOR VETERANS

Mind-Body-Balance for Veterans is a fitness program designed to serve disabled Veterans throughout SSSRA’s member communities. SSSRA and our member communities are committed to making a difference in the lives of Veterans by offering an opportunity to establish a healthy lifestyle through wellness and fitness goals.

- Mind-Body-Balance for Veterans is offered to Veterans of all ages with a DD214 Honorable Discharge and 10% or higher disability rating.
- The program includes a free one-year gym membership, a personal training session (optional), and monthly social activities (optional).
- Accessible equipment is available.
- Veterans must be residents of one of SSSRA’s member communities.

Mind-Body-Balance for Veterans is offered at the following fitness facilities:

H-F Racquet & Fitness Club
2920 W. 183rd Street, Homewood

Matteson Community Center
20642 Matteson Avenue, Matteson

Oak Forest Health & Fitness Center
15601 S. Central Avenue, Oak Forest

Tinley Fitness
8125 W 171st Street, Tinley Park

Registration Dates: Sept. 1 – Dec. 31, 2026
Jan. 1 – May 31, 2027

For more information, please contact Juanita Williams at 815-806-0384 or juanita@sssra.org.



OAK FOREST
PARK DISTRICT

Memorial Tree Program

Memorial trees may be purchased in memory of a friend, or loved one, or to honor an outstanding achievement or accomplishment.

Each tree comes with a commemorative certificate that will also be recorded and kept in a memorial book located in our Administrative Office.

You also have the option to purchase a memorial plaque to be placed under the tree.

Trees are planted in the spring or fall; weather depending and are planted Monday through Friday only.

Prices, locations, and available tree species can be found at the Oak Forest Park District Main Building 15601 S. Central Ave.

CONTACT US AT

708-687-7270 or visit us at www.oakforestparks.org for more information.

Old Times Family Picnic

A FREE ANNUAL LABOR DAY WEEKEND
FUN-FILLED EVENT

SUNDAY, SEPTEMBER 6
12:00 NOON-DUSK

Relax on the Central Park Picnic Grounds
Behind Oak Forest Park District Bldg.
15601 S. Central Ave.

Reconnect with Friends & Neighbors

FOOD & BEVERAGES • GAMES • BINGO
CHILDREN’S RIDES & MORE!
PLUS LIVE MUSIC FROM



SENIOR PICNIC • AGES 65 +

Calling All Seniors! Join the Oak Forest Park District for an afternoon of FREE food, fun, and good company! Doors open promptly at 11:00 AM, with lunch served from 11:30 AM–12:30 PM. Enjoy an all-beef hot dog or hamburger, potato salad, dessert, and refreshing drinks. After lunch, stick around for a few exciting rounds of Bingo with chances to win cash and other great prizes!

While this event is FREE, registration is required. Sign up at the Oak Forest Park District Main Desk beginning Monday, August 3. Space is limited and registration is available on a first-come, first-served basis. **We can’t wait to spend the afternoon with you!**

ACTIVITY #	DATE	DAY	TIME	FEE
Park Place at Oak Forest Park District - 15601 S. Central Ave.				
7740-1101-01	Sept. 11	F	11 am-2 pm	FREE

HALLOWEEN MOVIE IN THE PARK • ALL AGES

It’s the spookiest time of year again, and we will be having our annual Halloween Movie in the Park! Everyone is invited to join us for this not-so-scary night, when we will watch the movie “Monsters University.” Concessions will be available for purchase at our concession stand. Make yourself comfortable, bring a blanket or chair, and sit back, relax, and enjoy the show! **Movie will be outside; be sure to dress for the weather.**

ACTIVITY #	DATE	DAY	TIME	FEE
El Morro Park - 155th & Arroyo Dr.				
N/A	Oct. 2	F	6:45 pm	FREE

“SPOOK”TACULAR GOLFING • ALL AGES

Come golfing at El Morro Park, 155th & Arroyo, with this “spook”tacular setup. Ghosts and gruesome goblins inhabit this golf course for the weekend to create a unique and fun golfing experience. **For more information, contact Josh at ext. 117.**

ACTIVITY #	DATE	DAY	TIME	FEE
El Morro Park - 155th & Arroyo Dr.				
N/A	Oct. 10 & 11	SA & SU	2-6 pm	\$5 pp @door



TURKEY SHOOT BASKETBALL COMPETITION •

AGE GROUPS ARE: 4-5 YRS./6-8 YRS./9-11 YRS./12-14 YRS.
Sponsored by Jack & Pats Old Fashioned Meat Market Gobble, gobble, gobble, it’s turkey time again! Join us for our annual Turkey Shoot free-throw contest, graciously sponsored by Jack & Pat’s Old Fashioned Meat Market, for adult and child teams. Adult/child teams will compete against other teams of the same child age group and adult gender—the best of 20 free throws (10 free throws for each of you). **Teams may show up at any time during the competition, but will not be taken after 8:15 pm. Winners for each age group will be called on Monday, November 3, for prize pick up. Limit one turkey per family.**

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Gymnasium - 15601 S. Central Ave.				
2460-1101-01	Nov. 7	SA	16:30 pm	FREE

CHRISTMAS ARTS AND CRAFTS WORKSHOP •

AGES 3-7
Spend the afternoon at the Don Gorman Recreation Center. Make a variety of age-appropriate crafts for gifts or decorations. Then decorate a Christmas treat to eat or take home! A great way to start your Christmas holiday! Parents, get your Christmas shopping done while the kids are making a gift for you! **Please register by December 8.**

ACTIVITY #	DATE	DAY	TIME	FEE
Don Gorman Recreation Center - 4412 Henry St.				
6710-1101-01	Dec. 12	SA	1-3 pm	\$25/\$35

COUNTDOWN TO CHRISTMAS PARENTS NIGHT OUT • AGES 5-10

Need a little Silent Night before the holiday rush? Drop the kids off with us and enjoy a few magical hours to finish your Christmas shopping, wrap presents out of curious little eyes’ reach, or enjoy a peaceful dinner out. While you’re checking off your holiday to-do list, children will have a holly jolly time with festive games, a movie, crafts, and plenty of holiday fun. **Register by December 6—spots fill fast!**

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Oak Room - 15601 Central Ave.				
7724-1101-01	Dec. 11	F	6-9 pm	\$25/\$34

Park district hours, activities, and rates are subject to change.

CHRISTMAS SWEET TREATS • AGES 8-12

Make some sweet Christmas treats to eat or give as gifts! We will make candy using holiday candy molds, chocolate-covered pretzels, and more. Put all your sweet creations in a holiday box to share with your family. Please register by Dec. 17.

ACTIVITY #	DATE	DAY	TIME	FEE
Don Gorman Recreation Center - 4412 Henry Street				
6711-1101	Dec. 22	TU	1:00-3:00 pm	\$30/\$40

DADDY DAUGHTER DATE NIGHT

Put on your dancing shoes and join us for an unforgettable evening! The Central Park Gym will be transformed into a magical wonderland filled with sparkling lights, music, balloons, and sweetheart décor. Enjoy an evening of dancing, laughter, and special moments as you celebrate the unique bond you share.

As part of this treasured tradition, each daughter will receive a beautiful corsage to make her feel extra special. A professional photographer will be available (for an additional fee) with photos available to take home that evening. Don't miss this chance to create lasting memories together—it's sure to be a night you'll both remember forever!

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
7705-1101-01	Feb. 12	F	7-9 pm	\$16 R/\$20 NR



FLEADH FAMILY FEST

Celebrate music, crafts, and community at the Fleadh Family Fest! Right after the spectacular Fleadh Parade, head to our gym for an afternoon bursting with fun. Enjoy lively music that will have you tapping your feet, creative crafts and exciting games for the kids, and tasty light concessions for everyone. With laughter, music, and hands-on activities filling the air, it's the perfect way to keep the celebration going. The Fleadh Family Fest promises an afternoon full of joy, energy, and smiles for all ages!

DATE	DAY	TIME	FEE
Central Park Building (Gymnasium)- 15601 S. Central Ave..			
Mar. 6	SA	11:30 am-1:30 pm	FREE

COMMUNITY GARDEN

We're excited to announce that the Community Garden will return for the 2027 growing season! Garden plots are available at our 151st & Long Avenue location. The ground will be tilled, marked, and ready for planting by Mother's Day weekend, weather permitting. Whether you choose to grow vegetables, herbs, flowers, or a combination of all three, the rest is up to you!

Renewal information will be sent to 2026 gardeners in early March. Returning gardeners may register beginning March 22, with registration for new gardeners opening April 12. Available plots will be assigned on a first-come, first-served basis. Join us for another season of growing, learning, and enjoying the rewards of community gardening!

ACTIVITY #	DATE	SIZE	FEE
151st & Long Ave.			
7721-2101-01	2026 Season	20 Lots (each lot 10'X 30')	\$60/\$78

SAVE AN ACTIVITY

Please sign up for a trip or activity as soon as you are interested, to avoid cancellation!

Nothing kills an activity more quickly than insufficient participation.

Stay Social with Us!

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WINTER BREAK FUN-DAY • AGES 3-9

Spend your school holiday at the Don Gorman Recreation Center! We've packed a day with games, crafts, lunch time, and more. There will be group activities as well as free play. Bring a sack lunch and drink. Please register by December 23.

ACTIVITY #	DATE	DAY	TIME	FEE
Don Gorman Recreation Center - 4412 Henry Street				
6725-1101-01	Dec. 30	W	11:30-2:30 pm	\$27/\$37

HOLIDAY SPORTS MASH-UP • AGES 10-14

Get ready for the ultimate holiday showdown! This action-packed pop-up program brings together some of your favorite classic games along with exciting new challenges for an afternoon of nonstop fun. Participants will rotate through activities such as Freeze Tag, Sharks & Minnows, Dodgeball, Kickball, HORSE, Red Rover, Land Marco Polo, Tug-of-War, Sack Races, relay races, and more.

Whether you're racing to the finish line, dodging your opponents, or working together as a team, there's something for everyone to enjoy. Grab your friends, bring your energy, and join us for a festive day filled with laughter, friendly competition, and active holiday fun!

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2102-1101-01	Dec. 30	W	12-3 pm	\$27/\$37

POP STAR DANCE JAM • AGES 5-7

Calling all little dancers! Join us for this fun-filled 2-day dance workshop where participants will learn easy, upbeat routines inspired by favorite movie musicals like Descendants, Zombies, Teen Beach Movie, and more! Dancers will explore basic dance moves, build confidence, and express themselves through music and movement in a fun, encouraging environment. Choreography is specially designed for young dancers, making it the perfect introduction to learning exciting routines. No dance experience is necessary—just bring your smile, energy, and love for dancing!

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2800-1112-01	Dec. 28 & 29	M & TU	11-12 pm	\$14/\$18

MOVIE MUSICAL DANCE • AGES 8-10

Join us for this exciting 2-day workshop where dancers will learn fun, high-energy choreography inspired by favorite movie musicals like Descendants, Zombies, Teen Beach Movie, and more! Participants will build confidence, improve coordination, and learn more challenging dance combinations while dancing to the music they know and love. This workshop is perfect for kids who enjoy performing, learning new choreography, and having fun with friends in an encouraging environment. No dance experience is required—just bring your energy and get ready to shine!

ACTIVITY #	DATE	DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2800-1112-02	Dec. 28 & 29	M & TU	12-1:30 pm	\$18/\$24

OPEN GYM SCHEDULE-
BEAT THE WINTER BREAK BLUES!

Got a case of cabin fever? Get off the couch and into the game! Join us at the Central Park Building for Winter Break Open Gym, where kids (or the whole family) can burn off energy, stay active, and have fun with friends in a safe, supervised environment. If you're looking for a place to stay moving during break, Open Gym is the perfect way to break up those long winter days.

Check the activity grid for dates, times, age groups, and admission information. We'll see you on the court!

SPORT	AGE	DATE	DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.					
Pickleball (East Court)	12-17 yrs.	Dec. 21	M	9-11 am	\$5
		Dec. 22	TU	9-11 am	\$5
		Dec. 23	W	9-11 am	\$5
Pickleball (West Court)	18+ yrs.	Dec. 21	M	9-11 am	\$5
		Dec. 22	TU	9-11 am	\$5
		Dec. 23	W	9-11 am	\$5
Basketball Full Court	All ages	Dec. 21	M	1-4 pm	\$5
		Dec. 23	W	1-4 pm	\$5
Tumbling (Instructor led, non-spring floor)	5+ yrs.	Dec. 21	M	6-7:30 pm	\$10
		Dec. 22	TU	1-2:30 pm	\$10
		Dec. 22	TU	2:30-4 pm	\$10
		Dec. 23	W	6-7:30 pm	\$10
Volleyball	All ages	Dec. 22	TU	1-4 pm	\$5



EARLY CHILDHOOD PROGRAM
ON-LINE REGISTRATION IS NOT AVAILABLE FOR THIS ACTIVITY

FunTime & Little Tykes Open House

AUGUST 5, 2026 • 5:00 – 7:00 pm

The FunTime Early Childhood Program, for children ages 3-5, is a recreational activity where we teach children to learn and focus on lifelong social skills. Classes begin in September and end in May. While gathering in a safe and supportive environment, children will be introduced to language arts, math, and science. Music and arts & crafts will be introduced to develop creativity and fine motor skills. Gym time will be held to develop large motor skills. All of these concepts will be taught at their age-appropriate level. Children will develop the skills needed to transition into kindergarten. Children must be potty-trained.

FUNTIME BEARS • AGE 3 (on or before 9/1/26)

ACTIVITY #	DATE	DAYS	TIME
Central Park Building - 15601 S. Central Ave.			
1090-1101-01	Sept - May	M/W/F T/TH/F	9 am-12 pm 9 am-12 pm
TUITION (3 DAYS A WEEK)		RESIDENT	NON-RESIDENT
Pay In Full		\$2,084.00	\$2,500.00
Pay Plan		\$2,214.00	\$2,540.00
Initial Payment (non-refundable)		\$200.00	\$200.00
Pay Plan Fees/Auto-Pay Dates: 8/7,11/7,2/7,5/7		\$481.00	\$585.00

Registration: Registration for the program is currently open until all classes are filled. Contact the Early Childhood Coordinator at 708-687-7270 ext. 160 for class availability.

Registration Forms and Policy: Forms are available online and in the main lobby of the Central Park Building. Proof of residency is required at the time of registration to receive the resident rate.

Refunds: Refunds are subject to the Early Childhood Coordinator's approval and made on a pro-rated basis.

Payment Plan: When using the payment plan, the Initial Payment must be made in full at the time of registration to reserve a seat in the requested classroom. This \$200 initial payment is non-refundable and will be assessed if you withdraw your child from the program at any time. A \$35 NSF fee will be applied for any returned checks or declined credit/debit transactions.

Paying in Full: A \$200 fee will be assessed if you withdraw your child from the program at any time.

FUNTIME BUTTERFLIES • AGE 4 (on or before 9/1/26)

ACTIVITY #	DATE	DAYS	TIME
Central Park Building - 15601 S. Central Ave.			
1090-1102-01	Sept - May	M/W/F T/TH/F	9 am-1:30 pm 9 am-1:30 pm
TUITION (3 DAYS A WEEK)		RESIDENT	NON-RESIDENT
Pay In Full		\$2,552.00	\$3,060.00
Pay Plan		\$2,592.00	\$3,100.00
Initial Payment (non-refundable)		\$200.00	\$200.00
Pay Plan Fees/Auto-Pay Dates: 8/7,11/7,2/7,5/7		\$598.00	\$725.00

FUNTIME MEET & GREET

Who: Registered students and their parents
Location: Central Park Building
15601 S. Central Ave.
Date: Wed., Sept. 2 (M/W/F Students) or
Thurs., Sept. 3 (T/TH/F students)
Time: 6:00-7:00 pm

FUNTIME CLASSES BEGIN

Tues., Sept. 8 (T/TH/F students) or
Wed., Sept. 9 (M/W/F students)



LITTLE TYKES • AGES 2-3 (Must be 2 by on or before 9/1/26)

Young children will enjoy learning through play-with-purpose. Children attend two days per week for 2 hours each day, September through May. Arts and crafts are designed to develop fine motor skills. Songs and finger plays are used to develop speech. Stories are read to enhance listening skills. Gym time is provided to develop large motor skills. Children will also enjoy snack time together as a way to practice good manners. Children do not need to be toilet-trained; however, someone must be available to assist if your child has a potty accident. Students and families are all invited to our year-end program picnic on Friday, May 14.

ACTIVITY #	DATES	DAYS	TIME
Central Park Building - 15601 S. Central Ave.			
1200-1101-01	Sept. 15 - May 13	T & TH	9:30-11:30 am
(No class: 10/13;11/26; 12/22 & 24; 12/29 & 31; 1/19; 2/9 & 11; 3/30 & 4/1)			
TUITION FOR 2 DAYS A WEEK		RESIDENT	NON-RESIDENT
Pay in Full		\$1150.00	\$1380.00
Pay Plan		\$1169.00	\$1400.00
Due at Registration		\$200.00	\$200.00
Pay Plan Fees/Auto-Pay Dates: 11/7, 2/7, 5/7		\$323.00	\$400.00

A \$35 NSF fee will be applied for any returned checks or declined credit/debit transaction.

LITTLE TYKES MEET & GREET

Who: Registered students and parents
Date: Thurs. Sept. 10
Time: 5:30-6:30 pm

LITTLE WIGGLERS • AGES 18 MONTHS-3 YRS. (With an adult)

Get ready to learn, play, and explore—toddler style! This fun-filled class is the ideal blend of learning and laughter for you and your little one. Together, you'll dive into hands-on activities, playful games, and interactive movements that enhance language, motor skills, and creativity. Designed for toddlers and their grown-ups to enjoy together, this class is all about bonding, giggles, and learning through play and is a great introduction to our Little Tykes and FunTime Early Childhood Program!

ACTIVITY #	DATES	DAYS	TIME	FEE
Instructor: Marea Kuziela Central Park Building - 15601 S. Central Ave.				
1201-1101-01	Sept. 21 - Nov. 30	M	5-6 pm	\$80/\$95
1201-1101-02	Jan. 4 - Mar. 22	M	5-6 pm	\$80/\$95
1201-1101-03	April 5 - June 14	M	5-6 pm	\$80/\$95
(No class: 10/12;1/18; 2/15)				

TODDLER TIME • AGES 2-3

The Toddler Time program is your child's first step towards independence. The main focus of this program is to help children separate more easily from their parents and caregivers and become more independent. Children learn to play by themselves and with others, as well as share toys. Puzzles, coloring activities, finger plays, etc., help stimulate small motor skills. Gross motor skills are developed through physical activity. Daily activities include crafts, coloring pages, stories, rhymes, songs and music, snack time, physical activities, free play, and more. Children need not be potty-trained. Parents will be notified in the event of any "accident" during class that requires immediate attention. Snack and juice will be provided. Each session is 8 weeks. Each day is 2 hours.

ACTIVITY #	DATES	DAYS	TIME	FEES
Don Gorman Recreation Center - 4412 Henry St.				
6170-1101-01	Sept. 14 - Nov. 2	M	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
6170-1101-02	Nov 9 - Jan. 18	M	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
6170-1101-03	Jan. 25 - Mar. 15	M	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
(No class: 12/21;12/28)				
6170-1102-01	Sept. 16 - Nov. 4	W	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
6170-1102-02	Nov 11 - Jan. 20	W	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
6170-1102-03	Jan. 27 - Mar. 17	W	10 am-12 pm	1-Day \$170/\$180 2-Day \$300/\$310
(No class: 11/25;12/23 & 30)				

JUST 3'S (AND 4'S) • AGES 3-4

This 2-day-a-week program is an extension of our regular Toddler Time program. The objective of Just 3's is to help prepare your child for preschool. Children are introduced to numbers, letters, shapes, and colors. Our Book-Share program helps develop a love of books and nurtures socialization and memory skills. Daily activities include themed crafts, stories, songs, and music, and physical activities. Children will also have a snack and playtime—a great program for children who miss the cut-off date for starting preschool. Late registrations welcome. Snack and juice will be provided. Each session is 8 weeks. Each day is 3 hours.

ACTIVITY #	DATES	DAYS	TIME
Don Gorman Recreation Center - 4412 Henry Street			
6173-1101-01	Sept. 15 - Nov. 5	T & TH	10 am - 1 pm
6173-1101-02	Nov 10 - Jan. 21	T & TH	10 am - 1 pm
6173-1101-03	Jan. 26 - Mar. 18	T & TH	10 am - 1 pm
FEE: \$325/\$335			
(No class: 11/26;12/22, 24, 29, 31)			

OPEN HOUSE FOR TODDLER TIME AND JUST 3'S

Date: Wed. Sept. 2 • **Time:** 6:30-7:30 pm

LET’S GET MESSY! • AGES 2-4 (With an adult)
A hands-on class for parent and child. Each week, we will explore new ways to get messy! Activities include: making art projects using paints, markers, and crayons; playing with slime, clay, play dough, sand, and water play; and more! A great way to meet other parents with toddlers. Roll up your sleeves and let’s get messy! (Wear old clothes) For 4 weeks.

ACTIVITY #	DATES	DAYS	TIME	FEE
Don Gorman Recreation Center - 4412 Henry St.				
6210-1101-01	Oct 5 - Oct. 26	M	6-6:45 pm	\$52/\$62
6210-1101-02	Nov. 30 - Dec. 21	M	6-6:45 pm	?\$52/\$62
6210-1101-03	Jan. 4 - Jan. 25	M	6-6:45 pm	\$52/\$62
6210-1101-04	Feb. 22 - Mar. 15	M	6-6:45 pm	\$52/\$62

SOCCER SHOTS — MINIS • AGES 2-3.5 (With an adult)
Get ready for fun with Soccer Shots Mini! This high-energy class for ages 2–3.5 introduces kids to soccer through games, songs, and positive play. Little ones will learn dribbling and basic rules while having a blast. An adult is required to join in the fun—come ready to kick, laugh, and make memories together!

ACTIVITY #	DATES	DAYS	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2617-1101-01	Sept. 3 - Oct. 1	TH	5-5:30 pm	\$72/\$94
2617-1101-02	Oct. 8 - Nov. 5	TH	5-5:30 pm	\$72/\$94



SOCCER SHOTS — CLASSIC • AGES 3.5-5 (With an adult)
Get ready for fun with Soccer Shots Classic! For kids ages 3.5–5, this class uses games to teach dribbling, passing, and shooting while highlighting positive traits such as teamwork and respect. An adult must stay but can watch while kids play, learn, and have a blast!

ACTIVITY #	DATES	DAYS	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2617-1102-01	Sept. 3 - Oct. 1	TH	5:30-6:15 pm	\$74/\$96
2617-1102-02	Oct. 8 - Nov. 5	TH	5:30-6:15 pm	\$74/\$96



KIDS IN THE KITCHEN • AGES 6-9
Kids are taught basic kitchen skills such as kitchen safety, using appliances and utensils, following recipes, measuring, setting a table, and cleaning up. In each session, your child will learn how to prepare a simple meal using kid-friendly recipes. They will be given time at the end of each session to eat their delicious creations! Bring a drink each week. Each session is 6 weeks.

ACTIVITY #	DATES	DAYS	TIME	FEE
Don Gorman Recreation Center - 4412 Henry St.				
6145-1101-01	Nov. 10 - Dec. 15	T	5:30-7 pm	\$85/\$95

SOCCER SHOTS — PREMIER • AGES 5-8
Get ready for an exciting soccer experience with Soccer Shots Premier! This fun program focuses on individual skills, fitness, and sportsmanship, allowing kids to challenge themselves through games and teamwork. Children will also experience friendly competition in a supportive environment. Adults must stay during class, but you can relax and enjoy the action while your little athlete shines! Join us for a fun-filled time on the field!

ACTIVITY #	DATES	DAYS	TIME	FEE
Central Park Building - 15601 S. Central Ave.				
2617-1103-01	Sept. 3 - Oct. 1	TH	6:15-7 pm	\$74/\$96
2617-1103-02	Oct. 8 - Nov. 5	TH	6:15-7 pm	\$74/\$96

ARTS & CRAFTS — FALL & WINTER CREATIONS!
NEW • AGES 7-10
Celebrate the season through creativity! Join us for three themed arts-and-crafts workshops designed to capture the fun and excitement of fall and winter. Children will create festive projects, explore different crafting techniques, and take home their handmade creations after each class. Registration covers all three workshops. All materials are included.

ACTIVITY #	DATES	DAYS	TIME
Central Park Building - 15601 S. Central Ave.			
2102-1104-01	Oct. 1 - Spooktacular	TH	5-6 pm
2102-1104-01	Nov. 5 - Turkey Time	TH	5-6 pm
2102-1104-01	Dec. 3 - Winter Wonders	TH	5-6 pm
FEE: \$28 R/\$36 NR (For all 3 classes)			

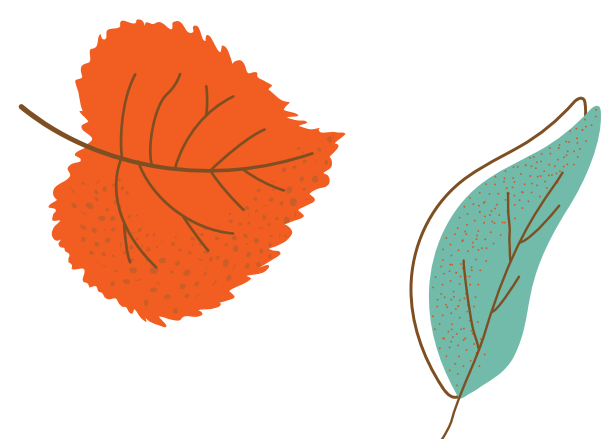
ARTS & CRAFTS — SPRINGTIME CREATIONS!
NEW • AGES 7-10
Join us for our second three-part seasonal arts and crafts series! Children will create unique projects inspired by the holidays, colors, and excitement of the spring season. Each workshop features hands-on crafts, creative fun, and projects to take home and enjoy. Registration covers all three workshops. All materials are included.

ACTIVITY #	DATE	DAYS	TIME
Central Park Building - 15601 S. Central Ave.			
2102-1104-02	Feb. 4 - Hearts & Happiness	TH	5-6 pm
2102-1104-02	Mar. 4 - Rainbows & Rabbits	TH	5-6 pm
2102-1104-02	April 1 - Spring Into Crafts	TH	5-6 pm
FEE: \$28 R/\$36 NR (For all 3 classes)			



SUPERHERO AND SUPERHEROINE ACADEMY
NEW • AGES 5-7
Discover Your Inner Hero! Is an exciting afterschool program designed for children where young heroes and heroines can explore their imagination, creativity, and unique superpowers. Through hands-on activities, teamwork challenges, storytelling, crafts, games, and problem-solving missions, children will discover that true superpowers come from kindness, courage, curiosity, creativity, and helping others. Each week, students will embark on heroic adventures where they can create their own superhero identities, build confidence, practice important social skills, and learn that everyone has special abilities that make them extraordinary. Superhero and superheroine Academy is a fun-filled journey where every child gets the chance to shine, save the day, and become the hero of their own story!

ACTIVITY #	DATE	DAYS	TIME	FEE
Don Gorman Rec Center - 4412 Henry St				
6211-1101-01	Sept. 16 - Oct. 21	W	5:30-6:30 pm	\$65/\$75
6211-1101-02	Nov. 4 - Dec. 16	W	5:30-6:30 pm	\$65/\$75
6211-1101-03	Jan. 13 - Feb. 17	W	5:30-6:30 pm	\$65/\$75



Park district hours, activities, and rates are subject to change.

INTRO TO THE ZONE FITNESS CENTER • AGES 10+

This program will consist of a 45-minute orientation to The Zone Fitness Center with a personal trainer. The trainer will go over safety and gym etiquette, instruction on cardiovascular and strength equipment, and free weights. This is the perfect opportunity to learn how to use everything without having to purchase a personal training package.

ACTIVITY #	DATE	DAY	TIME	FEE
<i>Instructors: Chrissy Samiec or Michelle Pruitt The Zone Fitness Center - 15601 S. Central Ave.</i>				
3056-1101-01	Sept. 8	T	10-10:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-02	Oct. 16	F	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-03	Nov. 14	SA	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-04	Jan. 23	SA	12-12:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-05	Feb. 9	T	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-06	Mar. 19	F	4-4:45 am	1/p - \$15/\$20 2/p - \$25/\$35



TAE KWON DO

Learn the Korean martial art of Songahm Taekwondo. Techniques taught include punching, kicking, forms, and self-defense. More importantly, develop discipline, confidence, concentration, and self-control; all qualities needed to develop character. Training and activities are designed for the listed age group. Rank advancement is available; inquire at the ATA Center at 15423 S. Cicero Ave, Oak Forest, IL 60452. Each session is 6 weeks. Register at Central Park Building.

ACTIVITY #	AGE	DATES	DAYS	TIME	FEE
<i>ATA Tae Kwon Do Center - 15423 S. Cicero Ave. - Register at the Central Park Building</i>					
1220-1101-01	3-6 yrs.	Sept. 14 - Oct. 21	M & W	5:30-6:00 pm	\$70/\$75
1220-1101-02	3-6 yrs.	Nov. 2 - Dec. 9	M & W	5:30-6:00 pm	\$70/\$75
1220-1101-03	3-6 yrs.	Dec. 21 - Feb. 3	M & W	5:30-6:00 pm	\$70/\$75
1220-1102-01	7+ yrs.	Sept. 14 - Oct. 21	M & W	6:00-6:30 pm	\$80/\$85
1220-1102-02	7+ yrs.	Nov. 2 - Dec. 9	M & W	6:00-6:30 pm	\$80/\$85
1220-1102-03	7+ yrs.	Dec. 21 - Feb. 3	M & W	6:00-6:30 pm	\$80/\$85



Spanish Classes FOR TODDLERS, YOUTH, TWEENS, TEENS & ADULTS

Language in Action invites you to join them from your living room as we explore new cultures and learn a new language via the interactive Zoom platform! Each session covers new topics! Zoom login information will be emailed to participants before the first class.

I SPEAK SPANISH • AGES 3-6

Younger children will learn conversational Spanish through fun and interactive activities and music.

ACTIVITY #	DATE	DAY	TIME
<i>Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR</i>			
2500-1101-01	Sept. 12 - Oct. 17	SA	8:30-9:15 am
2500-1101-02	Sept. 14 - Oct. 19	M	5-5:45 pm
2500-1101-03	Sept. 24 - Oct. 29	TH	5:15-6 pm
2500-1101-04	Oct. 24 - Dec. 5	SA	8:30-9:15 am
2500-1101-05	Oct. 26 - Nov. 30	M	5-5:45 pm
2500-1101-06	Nov. 5 - Dec. 17	TH	5:15-6 pm
2500-1101-07	Dec. 7 - Jan. 11	M	5-5:45 pm
2500-1101-08	Jan. 7 - Feb. 11	TH	5:15-6 pm
2500-1101-09	Jan. 9 - Feb. 13	SA	8:30-9:15 am
2500-1101-10	Jan. 25 - Mar. 8	M	5-5:45 pm
2500-1101-11	Feb. 18 - Mar. 25	TH	5:15-6 pm
2500-1101-12	Feb. 20 - Mar. 27	SA	8:30-9:15 am
<i>(No class: 11/26 & 28; 2/15)</i>			

YOUTH SPANISH • AGES 7-11

Older children will learn Spanish phonetics to begin reading and writing in Spanish.

ACTIVITY #	DATE	DAY	TIME
<i>Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR</i>			
2500-1102-01	Sept. 12 - Oct. 17	SA	9:30-10:15 am
2500-1102-02	Sept. 14 - Oct. 19	M	5:50-6:35 pm
2500-1102-03	Sept. 24 - Oct. 29	TH	6:15-7 pm
2500-1102-04	Oct. 24 - Dec. 5	SA	9:30-10:15 am
2500-1102-05	Oct. 26 - Nov. 30	M	5:50-6:35 pm
2500-1102-06	Nov. 5 - Dec. 17	TH	6:15-7 pm
2500-1102-07	Dec. 7 - Jan. 11	M	5:50-6:35 pm
2500-1102-08	Jan. 7 - Feb. 11	TH	6:15-7 pm
2500-1102-09	Jan. 9 - Feb. 13	SA	9:30-10:15 am
2500-1102-10	Jan. 25 - Mar. 8	M	5:50-6:35 pm
2500-1102-11	Feb. 18 - Mar. 25	TH	6:15-7 pm
2500-1102-12	Feb. 20 - Mar. 27	SA	9:30-10:15 am
<i>(No class: 11/26 & 28; 2/15)</i>			

TWEEN/TEEN SPANISH • AGES 12-14

This class is a great supplement to middle school or junior high Spanish classes or may also be taken by students not enrolled in a school Spanish class. Students will learn Spanish grammar and communication skills that will give them a strong foundation for high school Spanish.

ACTIVITY #	DATE	DAY	TIME
<i>Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR</i>			
2500-1103-01	Sept. 14 - Oct. 19	M	6:45-7:30 pm
2500-1103-02	Oct. 26 - Nov. 30	M	6:45-7:30 pm
2500-1103-03	Dec. 7 - Jan. 11	M	6:45-7:30 pm
2500-1103-04	Jan. 25 - Mar. 8	M	6:45-7:30 pm
<i>(No class: 2/15)</i>			

ADULT SPANISH • AGES 18+

Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn Spanish from the safety and comfort of your own home via the interactive Zoom platform! In this class you will learn conversational Spanish that you can immediately begin using. The class will be tailored to the needs of the students enrolled.

ACTIVITY #	DATE	DAY	TIME
<i>Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR</i>			
2500-1104-01	Sept. 12 - Oct. 17	SA	10:30-11:30 am
2500-1104-02	Sept. 23 - Oct. 28	W	6-7 pm
2500-1104-03	Oct. 6 - Nov. 10	TU	10-11 am
2500-1104-04	Oct. 24 - Dec. 5	SA	10:30-11:30 am
2500-1104-05	Nov. 4 - Dec. 16	W	6-7 pm
2500-1104-06	Nov. 17 - Dec. 22	TU	10-11 am
2500-1104-07	Jan. 5 - Feb. 9	TU	10-11 am
2500-1104-08	Jan. 6 - Feb. 10	W	6-7 pm
2500-1104-09	Jan. 9 - Feb. 13	SA	10:30-11:30 am
2500-1104-10	Feb. 16 - Mar. 23	TU	0-11 am
2500-1104-11	Feb. 17 - Mar. 24	W	6-7 pm
2500-1104-12	Feb. 20 - Mar. 27	SA	10:30-11:30 am
<i>(No class: 11/25 & 28)</i>			

ASL Classes

(AMERICAN SIGN LANGUAGE)

Are you interested in learning the basics of American Sign Language or communicating with your young child through signing? Join us from the comfort and convenience of your living room as you learn to sign in a fun, interactive, and lively environment. Each session covers new material. Taught live on the Zoom platform by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

ASL MOM/DAD & ME • AGES 3-7 (With an adult)

ACTIVITY #	DATE	DAY	TIME
Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR			
2511-1101-01	Sept. 23 - Oct. 28	W	5:00-5:45 pm
2500-1101-02	Nov. 4 - Dec. 16	W	5:00-5:45 pm
2511-1101-03	Jan. 6 - Feb. 10	W	5:00-5:45 pm
2511-1101-04	Feb. 17 - Mar. 24	W	5:00-5:45 pm
(No class: 11/25)			

LEARN TO SIGN-BEGINNERS • AGE 7 (With an adult)

ACTIVITY #	DATE	DAY	TIME
Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR			
2511-1102-01	Sept. 23 - Oct. 28	W	6:00-6:45 pm
2511-1102-02	Nov. 4 - Dec. 16	W	6:00-6:45 pm
2511-1102-03	Jan. 6 - Feb. 10	W	6:00-6:45 pm
2511-1102-04	Feb. 17 - Mar. 24	W	6:00-6:45 pm
(No class: 11/25)			

LEARN TO SIGN-INTERMEDIATE • AGE 7 (With an adult)

ACTIVITY #	DATE	DAY	TIME
Instructor: Language In Action, Inc. via ZOOM - \$90 R/NR			
2511-1103-01	Sept. 23 - Oct. 28	W	7:00-8:00 pm
2511-1103-02	Nov. 4 - Dec. 16	W	7:00-8:00 pm
2511-1103-03	Jan. 6 - Feb. 10	W	7:00-8:00 pm
2511-1103-04	Feb. 17 - Mar. 24	W	7:00-8:00 pm
(No class: 11/25)			



DANCE RECITAL CLASSES

Activity Coordinator: Destiny Skelnik
708-687-7270 ext. 120
dskelnik@oakforestparks.org

Location: Central Park Building
Dance Studio
15601 Central Ave.

Attire: Visit oakforestparks.org to view the Dance Program page for attire requirements.

No Classes: 11/23-27; 12/19-1/3; 3/6; 3/29-4/2

Fee: \$420 R / \$546 NR

Payment Options: Pay in full at registration or choose a four-payment plan. *Installments are due at registration, Oct. 15, Nov. 15, and Jan. 15.*

Costumes: Costume fee is included. Parents/guardians are responsible for purchasing dance shoes.

Annual Recital: Dancers enrolled in recital classes will perform in the Annual Dance Recital in May (date TBD).

LITTLE BITTY DANCERS • AGES 5-6

Twirl into the world of dance! This fun-filled class introduces young dancers to the basics of ballet and jazz through imaginative movement, music, and play. Students build confidence, coordination, and foundational skills while discovering a love for dance.

ACTIVITY #	DATE	DAY	TIME
2800-1101-01	Sept. 14 - April 26	M	5-6 pm

MINI JAZZ STARS • AGES 5-6

Does your child love dancing to movie musicals? Mini Jazz Stars is a high-energy introduction to jazz dance filled with upbeat music, sassy movement, and confidence-building fun. Dancers learn basic jazz technique while developing coordination, rhythm, and performance skills. No experience needed, just a love of music and movement.

ACTIVITY #	DATE	DAY	TIME
2800-1102-01	Sept. 14 - April 26	M	6-7 pm

KIDS BOP • AGES 5-6

Get ready to bounce, groove, and have a blast! Kids Bop is a fun introduction to hip hop where little dancers learn easy, upbeat moves that build coordination, rhythm, and confidence. With playful music, simple routines, and lots of smiles, kids will be dancing like stars in no time.

ACTIVITY #	DATE	DAY	TIME
2800-1103-01	Sept. 15 - April 27	TU	6-7 pm

PIXIE POMS • AGES 5-6

Get ready for a sparkly dance adventure! Pixie Poms introduces little dancers to basic pom techniques and upbeat movement. Kids build confidence, coordination, and friendships while twirling, shaking poms, and having a blast every class.

ACTIVITY #	DATE	DAY	TIME
2800-1104-01	Sept. 16 - April 28	W	5-6 pm

JAZZ STARS • AGES 7+

Turn up the energy in Jazz Stars! This upbeat jazz class challenges dancers with sharp technique, strong musicality, and confident performance style. Students build strength, coordination, and expression through dynamic choreography, partner work, and engaging combinations that help them shine on stage.

ACTIVITY #	DATE	DAY	TIME
2800-1105-01	Sept. 14 - April 26	M	7-8 pm

LYRICAL FLOW • AGES 7+

Move with grace, emotion, and creativity! Lyrical Flow blends ballet technique with expressive jazz movements to help dancers build confidence, artistry, and strength in a supportive, welcoming environment. Perfect for beginners and growing dancers alike.

ACTIVITY #	DATE	DAY	TIME
2800-1106-01	Sept. 15 - April 27	TU	5-6 pm

HIP HOP • AGES 7+

Bring the energy and hit the beat! This fun, high-energy class is all about rhythm, style, and fresh choreography in a supportive setting. Dancers of all levels build confidence, coordination, and performance skills while expressing themselves and moving to the beat with bold attitude and nonstop fun.

ACTIVITY #	DATE	DAY	TIME
2800-1107-01	Sept. 15 - April 27	TU	7-8 pm

POMS • AGES 7+

Bring the energy and shine with Poms! This upbeat class builds strong pom fundamentals, sharp motions, and performance skills through fun, high-energy routines. Dancers gain confidence, teamwork, and stage-ready spirit while learning to move with power and precision.

ACTIVITY #	DATE	DAY	TIME
2800-1108-01	Sept. 16 - April 28	W	6-7 pm

DANCE NON-RECITAL CLASSES

Fees:

30 min. classes
\$106 R/\$138 NR
45 min. classes
\$122.00 R / \$158.00 NR

No Classes:

11/23-27; 12/19-1/3; 3/6;
3/29-4/2

Payment Options:

Pay in full at registration or choose a three-payment plan. *Installments are due at registration, Oct. 15, and Nov. 15.*

TINY TWIRLS-GROWN UP & ME • AGES 2-3

Tiny toes, big smiles! This is a fun, interactive class where little ones and their parent/guardian explore music, movement, and social connection while building confidence, coordination, and lasting memories together.

ACTIVITY #	DATE	DAY	TIME
2800-1131-01	Sept. 17 - Dec. 17	TH	5:30-6:00 pm
2800-1131-02	Jan. 7 - Apr. 8	TH	5:30-6:00 pm

DANCE FUSION 1 • AGES 4-5

Join our fun and creative introduction to dance for kids! Dance Fusion 1 blends ballet, jazz, hip hop, and more into one exciting experience. Young dancers explore different styles through music, movement, and imaginative activities while building coordination, confidence, and rhythm in a playful and supportive setting.

ACTIVITY #	DATE	DAY	TIME
2800-1132-01	Sept. 19 - Dec. 12	SA	11-11:30 am
2800-1132-02	Jan. 9 - Apr. 10	SA	11-11:30 am



DANCE FUSION 2 • AGES 6+

This upbeat, versatile class is perfect for dancers ages 6 and up who love variety or want to explore different styles. Ballet, jazz, hip hop, and more are woven into fun combinations that build technique, confidence, and adaptability. Ideal for dancers discovering their favorite style or those who love it all.

ACTIVITY #	DATE	DAY	TIME
2800-1133-01	Sept. 19 - Dec. 12	SA	11:30 am -12:15 pm
2800-1133-02	Jan. 9 - Apr. 10	SA	11:30 am -12:15 pm

TECHNICAL FOUNDATIONS • AGES 7+

Stretch, strengthen, and level up your dancing! This class is designed to improve dancers' flexibility, technique, and power in a fun, supportive environment. Dancers focus on turns, leaps, and other core skills that help them move with greater control, confidence, and ease across all styles of dance.

ACTIVITY #	DATE	DAY	TIME
2800-1134-01	Sept. 17 - Dec. 17	TH	6-6:45 pm
2800-1134-02	Jan. 7 - Apr. 8	TH	6-6:45 pm



Momentum

DANCE FORCE COMPETITION TEAM (MDF)

Momentum Dance Force offers dancers the opportunity to grow in confidence, technique, teamwork, and leadership while experiencing the excitement of competitive dance. Our experienced instructors provide a positive, supportive environment that challenges dancers to reach their full potential through age-appropriate choreography and performances. At MDF, dancers work hard, build lasting friendships, and have fun every step of the way!

Tryouts:
Thurs., Aug. 20, 2026 | 7:00-9:00 PM

Dancers will perform a variety of styles at tryouts; the coach will select competition styles after tryouts.

Parent Meeting:
Thurs., Sept. 3, 2026 | 7:00 PM

2026-2027 Competition Season:
Sept. 16 – May 2027

Practices:
Senior Team Wednesday 7-8:30 pm
Junior Team Thursdays 7-8:30 pm
MDF Combo Fridays 5-6:30 pm

Note:
Dancers may only need to attend one practice per week, depending on which group dances they are assigned.

Competition:
Dancers will perform in a maximum of two group dances for the 26-27 competition season. Team members who have been part of Momentum Dance Force for at least two years, or who have a minimum of two years of previous competitive dance experience will have the opportunity to audition for specialty routines (Solo, Duo, or Trio) in mid-October.

Ages:
Boys and Girls, 4th grade and up

Fee:
\$800 per group routine. Cost includes practice, competition fees, and costumes for group dances (except shoes).

Payment Options:
Pay in full at registration or choose a four-payment plan. *Installments are due at registration, Oct. 15, Nov. 15, and Jan. 15.*



 Our goal is to inspire confident, respectful athletes through safe and fun gymnastics, cheer, and dance programs — fostering fitness, teamwork, and a love of movement, while giving parents peace of mind.

Activity Coordinator: Brooke Fleming
708-687-7270 ext. 120 or
bfleming@oakforestparks.org

Location: Central Park Building
Gymnasium
15601 Central Ave.

Attire: Girls should wear a leotard and may wear spandex shorts. Boys should wear comfortable athletic clothing. Long hair must be pulled back, and no socks or jewelry may be worn during class.

No Classes: (FALL): 10/31, 11/23-11/27
(WINTER): 3/6, 3/29-4/2

Registration Deadline for Fall Session:
Fri., Sept. 4th

Registration Deadline for Winter Session:
Fri. Jan.1st

Payment Options:
Pay in full at registration or choose a three-payment plan. **Installments for fall are due at registration, Oct. 15 and Nov. 15. Installments for winter are due at registration, Feb. 15 and Mar. 15.**

We will host an end of the session exhibition for all fall/winter participants. Please see info below.

Fall Session: Tues., Dec. 15 & Wed., Dec. 16

Winter Session: Tues., April 13 & Wed., April 14

Specific performance dates and times for each class will be determined based on class enrollment and announced at a later date.

ADULT & TOT GYMNASTICS

AGES 18 MONTHS-3 (With an adult) · \$150 R/\$195NR
Join your child and have fun with activities on the floor, beam, and bars, as well as parachute play, rhythm, and movement songs. Adults will aid children as they move throughout the gym. Children will develop gross motor skills, coordination, and balance, as well as gain strength, flexibility, listening, and social skills.

ACTIVITY #	DATE	DAY	TIME
2000-1101-01	Sept. 12 - Dec. 12	SA	9:30 - 10:15 am
2000-1101-02	Sept. 9 - Dec. 9	W	9:45 - 10:30 am
2000-1101-03	Jan. 9 - Apr. 10	SA	9:30 - 10:15 am
2000-1101-04	Jan. 6 - Apr. 7	W	9:45 - 10:30 am

PRENASTICS AGES 4-6 · \$186 R/\$241 NR

This is our first structured class without mom and dad. Children will learn to take turns, wait in line, and listen to instructors to begin a safe introduction to gymnastics. Gymnasts will learn basic skills on all events: vault, bars, beam, and floor.

ACTIVITY #	DATE	DAY	TIME
2000-1102-01	Sept. 12 - Dec. 12	SA	10:30 - 11:45 am
2000-1102-02	Sept. 8 - Dec. 8	TU	5-6:15 pm
2000-1102-03	Sept. 9 - Dec. 9	W	6-7:15 pm
2000-1102-04	Jan. 9 - Apr. 10	SA	10:30 - 11:45 am
2000-1102-05	Jan. 5 - Apr. 6	TU	5-6:15 pm
2000-1102-06	Jan. 6 - Apr. 7	W	6-7:15 pm

BEGINNERS AGES 7+ · \$186 R/\$241 NR

Gymnasts will advance in skills such as forward and backward rolls, beginner cartwheels, walking on mid-sized beams, mounting and rolling on the bars, and jumping onto springboards.

ACTIVITY #	DATE	DAY	TIME
2000-1103-01	Sept. 12 - Dec. 12	SA	10:30 - 11:45 am
2000-1103-02	Sept. 8 - Dec. 8	TU	5-6:15 pm
2000-1103-03	Sept. 9 - Dec. 9	W	6-7:15 pm
2000-1103-04	Jan. 9 - Apr. 10	SA	10:30 - 11:45 am
2000-1103-05	Jan. 5 - Apr. 6	TU	5-6:15 pm
2000-1103-06	Jan. 6 - Apr.7	W	6-7:15 pm

AIMERS (Promoted from previous class) · \$186 R/\$241 NR

Gymnasts will continue developing skills such as rolls, cartwheels, and handstands; balancing on one leg on shoulder-height beams; mounting and dismounting the bars; and running to jump onto springboards. Additional conditioning is included to build strength.

ACTIVITY #	DATE	DAY	TIME
2000-1104-01	Sept. 12 - Dec. 12	SA	10:30 - 11:45 am
2000-1104-02	Sept. 8 - Dec. 8	TU	5-6:15 pm
2000-1104-03	Sept. 9 - Dec. 9	W	6-7:15 pm
2000-1104-04	Jan. 9 - Apr. 10	SA	10:30 - 11:45 am
2000-1104-05	Jan. 5 - Apr. 6	TU	5-6:15 pm
2000-1104-06	Jan. 6 - Apr. 7	W	6-7:15 pm

CLIMBERS (Promoted from previous class) · \$186 R/\$241 NR
Gymnasts will advance in skills such as round-offs and backbends; beginning skills to handstands and jumps on beam at chest height; pullovers and strengthening on bars; and running to jump onto an elevated mat stack from springboards.

ACTIVITY #	DATE	DAY	TIME
2000-1105-01	Sept. 12 - Dec. 12	SA	10:30 - 11:45 am
2000-1105-02	Sept. 8 - Dec. 8	TU	5-6:15 pm
2000-1105-03	Sept. 9 - Dec. 9	W	6-7:15 pm
2000-1105-04	Jan. 9 - Apr. 10	SA	10:30 - 11:45 am
2000-1105-05	Jan. 5 - Apr. 6	TU	5-6:15 pm
2000-1105-06	Jan. 6 - Apr. 7	W	6-7:15 pm

LEVEL 1 (Promoted from previous class) · \$222 R/\$288 NR

Gymnasts will advance in skills such as backbend kickovers, dance skills, and flip-flop drills on the floor; jumps, tumbling, and beginner dismounts on chest-height beam; back hip circles and beginner dismounts on bars; handstand fall-flats on mat stacks; and proper mounting and dismounting of the vault table.

ACTIVITY #	DATE	DAY	TIME
2000-1106-01	Sept. 8 - Dec. 8	TU	6:30-8:15 pm
2000-1106-02	Sept. 9 - Dec. 9	W	4-5:45 pm
2000-1106-03	Jan. 5 - Apr. 6	TU	6:30-8:15 pm
2000-1106-04	Jan. 6 - Apr. 7	W	4-5:45 pm

LEVEL 2 (Promoted from previous class) · \$222 R/\$288 NR

Gymnasts continue to master skills by emphasizing technique and learning more difficult skills such as backward walkovers; increased difficulty on flip-flops, jumps, and leaps on floor; tumbling, jumps and dismounts on beam; front hip circles; and beginner mounting and dismounting the vault table.

ACTIVITY #	DATE	DAY	TIME
2000-1107-01	Sept. 8 - Dec. 8	TU	6:30-8:15 pm
2000-1107-02	Sept. 9 - Dec. 9	W	4-5:45 pm
2000-1107-03	Jan. 5 - Apr. 6	TU	6:30-8:15 pm
2000-1107-04	Jan. 6 - Apr. 7	W	4-5:45 pm

LEVEL 3 (Promoted from previous class) · \$222 R/\$288 NR

Gymnasts will continue to refine their technique while learning more advanced skills such as forward walkovers, beginning flip-flops on an incline without a spot; tumbling and turns on beam; jumping to the high bar with dismounts; and introducing handsprings over the vault table.

ACTIVITY #	DATE	DAY	TIME
2000-1108-01	Sept. 8 - Dec. 8	TU	6:30-8:15 pm
2000-1108-02	Sept. 9 - Dec. 9	W	4-5:45 pm
2000-1108-03	Jan. 5 - Apr. 6	TU	6:30-8:15 pm
2000-1108-04	Jan. 6 - Apr. 7	W	4-5:45 pm

GLIDERS PRE-TEAM

 The Gliders Pre-Team is designed for gymnasts who have demonstrated the skills, dedication, and potential for competitive gymnastics but were not quite ready for team placement during initial tryouts. **This program provides athletes with the opportunity to continue progressing past level 3, and become fully integrated into the Gliders Gymnastics Team environment.**

Pre-Team athletes will train with the team on:
Wednesdays from 4-6 pm
Saturdays from 12-2 pm.

While Pre-Team participants take part in all aspects of team training, they will not compete in meets this season. This program serves as a bridge to full team participation and prepares gymnasts for future competitive opportunities.

Athletes who demonstrate the necessary skills will receive an invitation from our coordinator to join the Pre-Team program. Fees will be prorated based on the athlete's start date. **For more information, contact Brooke at 708-687-7270 ext. 120.**

GLIDERS GYMNASTICS TEAM

Ready to take your gymnastics to the next level?

The Gliders Gymnastics Team is for athletes who are ready to advance beyond recreational classes. Eligible gymnasts currently enrolled in Oak Forest Park District gymnastics classes will be invited to participate in team tryouts.

Team members develop advanced skills, learn Optional-level routines, and build confidence, discipline, and teamwork while representing the park district in exhibitions and competitions. Participation on the team provides opportunities for personal growth, lasting friendships, and unforgettable experiences.

Family support is an important part of the program, and team members are expected to participate in fundraising activities and special events throughout the year.

For additional information regarding team fees, practice schedules, competition requirements, and other program details, please visit the Gliders Gymnastics Team page at OakForestParks.org.

Park district hours, activities, and rates are subject to change.

Our goal is to inspire confident, respectful athletes through safe and fun gymnastics, cheer, and dance programs — fostering fitness, teamwork, and a love of movement, while giving parents peace of mind.

Activity Coordinator: Destiny Skelnik
708-687-7270 ext. 120 or
dskelnik@oakforestparks.org

Location: Central Park Building
Gymnasium
15601 Central Ave.

Attire: Children should wear
comfortable clothing. Long
hair must be tied back, and
no socks or jewelry should be
worn

No Classes: 10/31; 11/23-27; 12/19-1/3;
3/6; 3/29-4/2

TUMBLING FOUNDATIONS AGES 5+ · \$171 R/\$222 NR
Build strength, control, and confidence in our Tumbling Foundations class as athletes learn essential shapes like hollow body holds, bridges, and levers while developing safe, powerful movement patterns. Students are introduced to foundational skills, including rolls, bridges, and cartwheels. Tumblers advance their skills by beginning with a spotter and gradually progressing to performing independently.

ACTIVITY #	DATE	DAY	TIME
2700-1101-01	Sept. 12 - Dec. 12	SA	2-3 pm
2700-1101-02	Sept. 9- Dec. 9	W	7-8 pm
2700-1101-03	Jan. 9 - Apr. 10	SA	2-3 pm
2700-1101-04	Jan. 6 - Apr. 7	W	7-8 pm

BEGINNER/INTERMEDIATE/ADVANCED TUMBLING
(Promoted from previous class) · \$171 R/\$222 NR

Required Beginner Skills:
Forward and backward roll, bridge, and cartwheel without a spotter.

Required Intermediate Skills:
Round off, backbend kick-over, and front limber without a spotter.

Required Advanced Skills:
Back and front walkover, front handspring, and connected standing two flip flops without a spotter.

ACTIVITY #	DATE	DAY	TIME
2700-1102-01	Sept. 12 - Dec. 12	SA	2-3 pm
2700-1102-02	Sept. 9- Dec. 9	W	7-8 pm
2700-1102-03	Jan. 9 - Apr. 10	SA	2-3 pm
2700-1102-04	Jan. 6 - Apr. 7	W	7-8 pm

Registration Deadline for Fall Session:
Fri., Sept. 4th

Registration Deadline for Winter Session:
Fri. Jan.1st

Payment Options:
Pay in full at registration or choose a three-payment plan. **Installments for fall are due at registration on Oct. 15 and Nov. 15. Installments for winter are due at registration on Feb. 15 and Mar. 15.**

CHEER FUNDAMENTALS & FLEXIBILITY AGES 5+ · \$106 R/\$138 NR
Master the basics that make great cheerleaders stand out. This training class is designed to improve motions, jumps, technique, flexibility, and overall conditioning. Perfect for athletes who want to strengthen their fundamentals, increase confidence, and refine their performance in a supportive environment.

ACTIVITY #	DATE	DAY	TIME
2700-1108-01	Nov. 2 - Jan. 25	M	6:30-7:30 pm
2700-1108-02	Feb. 8 - Apr. 19	M	6:30-7:30 pm

(No class: 11/23;12/21 & 28; 3/29)

CHEER STUNTING AGES 8+ · \$104 R/\$136 NR
Our Cheer Stunting class focuses on the fundamentals every athlete needs to stunt safely and confidently. Kids will learn proper technique, body positions, and conditioning while building a strong foundation for success. As skills improve, cheerleaders will progress through stunt variations and more advanced skills in a safe, structured environment. This class is great for all levels and highly recommended for athletes currently on a cheer team.

ACTIVITY #	DATE	DAY	TIME
2700-1109-01	Nov. 2 - Jan. 25	M	7:30-8:45 pm
2700-1109-02	Feb. 8 - Apr. 19	M	7:30-8:45 pm

(No class: 11/23;12/21 & 28; 3/29)



Join the Sparklers Cheer Team and experience the excitement of competitive cheerleading! Athletes will build confidence, teamwork, leadership skills, and lasting friendships while developing skills in stunting, tumbling, and performance techniques in a positive and supportive environment. Our program is led by trained, experienced coaches who are dedicated to athlete development and safety.

The Sparklers season begins in October and continues through the spring, offering opportunities to compete and showcase progress at multiple events. Each athlete works toward personal and team goals while learning the value of commitment and dedication.

The season concludes with a team banquet celebrating achievements, milestones, and the memories created together. Grow, perform, and be part of something amazing!

Activity Coordinator: Destiny Skelnik
708-687-7270 ext. 120 or
dskelnik@oakforestparks.org

Location: Central Park Building
Main Gymnasium
15601 Central Ave.

Attire: Wear clean gym shoes, shorts,
snug t-shirt, hair pulled off
face. *A waiver must be signed
by a parent or guardian to
participate.*

TRYOUT CLINIC INFORMATION			
AGE	DATE	DAY	TIME
Kindergarten-2nd Grade	Sept. 12	SA	12:30-1:30 pm
3rd-12th Grade	Sept. 12	SA	10:30-12:30 pm



Tryout Results: Posted Monday Sept. 21 on
our OakForestParks.org and
our Facebook page.

Information: For additional information,
please visit the Sparklers
Cheerleading page at
oakforestparks.org. You
may also contact Program
Coordinator Destiny Skelnik
at 708-687-7270, ext. 120,
or by email at dskelnik@
oakforestparks.org.

TRYOUT INFORMATION			
AGE	DATE	DAY	TIME
Kindergarten-2nd Grade	Sept. 13	SU	10 am-12 pm
3rd-12th Grade	Sept. 13	SU	12:30-4:30 pm
All Grades (Makeup Tryout)	Sept. 19	SA	12:00-1:30 pm



Sports Organizations

PARK DISTRICT SPORTS COMMITTEES

CODE OF CONDUCT

Youth Sports are designed and organized to enhance the physical, emotional, social, and educational well-being of children. As role models, parents must make a serious effort to take an active role in their child's youth sports experience, providing positive support as a spectator, coach, league official, or board member, and demonstrating sportsmanlike behavior as a parent, a fan, or a coach will teach our children how to demonstrate good sportsmanship toward others in their play. The Oak Forest Park District has a Code of Conduct for Players, Parents/Spectators, and Coaches that outlines positive behavior and encourages good sportsmanship. Copies of these are available at the park district upon request or to view online. In addition, the background of volunteers has become a national concern. To address this concern, the Oak Forest Park District has researched and developed a volunteer coach background-check procedure. The Board of Commissioners has a policy for all youth sports organizations that wish to use Oak Forest Park District athletic fields and facilities. This policy requires that all coaches consent to a background check.

REFUND POLICY

The refund policy below is specific to Basketball, Flag Cheerleading, Flag Football, Girl's Softball, Lacrosse, Soccer, and Wrestling.

Refunds for these programs will abide by the following guidelines:

- Refunds turned in **before one month of the program start date** at the Central Park Building will be issued in their entirety.
- Refunds made **between 1 month before the official start date and up to seven days after the official start date** of the sport will be received.
- 50% refund on the registration fees.
- If a uniform fee is paid separately and the uniform is ordered, you will receive the uniform. If the uniform has NOT been ordered, the full uniform fee will be refunded.
- Your entire volunteer fee will be refunded if paid.
- If money is paid for a fundraiser, it is nonrefundable.
- **No refunds will be approved if submitted 7 days after the program's official start date.**

ALL REFUNDS

- An \$10.00 service charge will apply to any family's refund.
- Refunds may take up to 8 weeks for processing.
- The volunteer fee will be refunded at any point.
- Late registration fees are non-refundable.

REFUNDS WITH A MEDICAL CONDITION

- You must have a doctor's statement turned in with the refund form before the season's end, stating the date the injury occurred, and it will be prorated.
- Volunteer and fundraising policies are as stated above.

ACTIVITY START DATES

ACTIVITY	DATE
Lacrosse (co-ed)	March 1
Soccer	March 1
Girls Softball	April 1
Flag Football/Cheer	August 1
Basketball	November 1
Wrestling	November 1

SPRING SPORTS REGISTRATION

**Saturday, January 9
10:00 am to 12:00 pm**

The spring sports will complete all their registrations on the same day to help you save time and headaches.

This includes: Girl's Softball, Lacrosse and Soccer.

See each organization for individual fees.

Any registration taken after Jan. 9, may incur an additional \$15.00 late fee per participant per program (depending on the individual sport program).

YOUTH GIRLS VOLLEYBALL LEAGUE • NEW

This multi-community volleyball league provides girls with the opportunity to enhance their volleyball abilities while representing their local park district. Teams compete against other park district programs in a structured recreational setting that prioritizes instruction, development, and fun. Athletes will travel to nearby park districts for games throughout the season. This league is ideal for players who want to strengthen their skills, gain game experience, and enjoy volleyball in a supportive atmosphere.

Practices will begin in late Sept. Games will begin Oct. 11 and are played on Sun.

ACTIVITY #	GRADE	FEE
5590-1101-01	3rd-4th	\$120.00
5590-1101-02	5th-6th	\$120.00
5590-1101-03	7th-8th	\$120.00

YOUTH BASKETBALL LEAGUE

The Oak Forest Park District Youth Basketball League is back for another season! Kids will be placed on teams through a draft. Teams practice once or twice a week, depending on space and coaches' availability. Practices are held at Jack Hille or Arbor Park Middle Schools. Games take place on Saturdays. This recreational league focuses on fun and skill development. Each player gets a team shirt included with registration.

Practices start late October/early November, and games run from November to February.

ACTIVITY #	DIVISION	GRADE	FEE
5550-1101-01	Rookies (Co-ed)*	1st-2nd	\$100.00
5550-1101-01	Bantam Boys	3rd-4th	\$150.00
5550-1101-01	Bantam Girls	3rd-4th	\$150.00
5550-1101-01	Junior Boys	5th-6th	\$150.00
5550-1101-01	Junior Girls	5th-6th	\$150.00
5550-1101-01	Senior Boys	7th-8th	\$150.00
5550-1101-01	Senior Girls	7th-8th	\$150.00

A late registration fee of \$25.00 will be applied after October 1st.

*The Rookie division will practice and scrimmage on Saturdays only. Teams will practice individually for 30 minutes and then play a scrimmage game against their opponent for 30 minutes.

Registration Dates: Wed., Sept. 16 • 6-8 pm
Sat., Sept. 19 • 10 am-12 pm

OAK FOREST PARK DISTRICT FLAG FOOTBALL AND CHEERLEADING

Our Flag Football and Cheerleading season is currently underway! From August through November, participants ages 7-14 take the field each Sunday to build skills, develop teamwork, and enjoy friendly competition in a fun and supportive environment.

The program provides opportunities for athletes and cheerleaders to gain confidence, make new friends, and create lasting memories throughout the season.

Interested in joining next year? Registration for the 2027 season begins in April. Register early to help ensure returning players and cheerleaders remain with their teammates from the previous season (unless otherwise requested).

Follow our Facebook page for season highlights, photos, and updates throughout the season!

OAK FOREST PARK DISTRICT FURY LACROSSE

Join the Oak Forest Fury Lacrosse program and discover one of the fastest-growing sports in the country! Whether you're picking up a stick for the first time or looking to build on your skills, Fury Lacrosse offers a fun, supportive, and competitive environment for players of all experience levels.

Athletes will develop teamwork, sportsmanship, confidence, and lacrosse fundamentals while competing against teams from surrounding communities throughout the spring season. Every player gets the opportunity to learn, grow, and contribute on the field.

The season runs from March through June and includes practices, games, tournaments, and an end-of-season celebration. No experience necessary—be part of the Fury!

Ages: Grades K-8

U10-U14 Fees: U10-U14 \$275
(includes practices, games, tournaments, and end-of-season picnic)

Other Fees: \$25 helmet (If needed)
\$25 shoulder pads (If needed)

U8 Fees: FREE (includes equipment, practices, scrimmages, and end-of-season picnic)

Note: All players must provide their own stick and mouth guard. Male players must also provide a protective cup.

JOIN THE WARRIORS! OAK FOREST PARK DISTRICT
WARRIOR WRESTLING AGES 5-15 (boys & girls)

Over 40 Years and still building Champions!

Are you ready to unleash your inner champion?

Come join the Oak Forest Park District Warriors Wrestling Team — where kids in kindergarten through 8th grade with birthdates that align with competing in the IKWF State Series can learn the exciting world of wrestling, build confidence, and have fun while doing it! No experience needed, just a great attitude and a willingness to learn.

Our team competes under the direction of the Illinois Kids Wrestling Federation (IKWF)

Don't miss your chance to be part of a tradition of champions. Come wrestling with the Warriors where strength, skill, and sportsmanship come together!

ACTIVITY #	DATES	FEE
Central Park Building Gymnasium - 15601 S. Central Ave.		
5503-1101-01	Nov. - March	\$400 R/NR (before Oct. 12) \$450 R/NR (after Oct. 12) \$300 Practice Only (9yrs and under only)
REGISTRATION DATES: September 17 – 6-8 pm October 15 – 6-8 pm		
Fees Include: IKWF Membership and tournament fees only.		
Notes: • A \$150 volunteer deposit (check or credit card form) is required. • Wrestlers must purchase a singlet, headgear, and wrestling shoes. • New members must provide a copy of their birth certificate at registration.		

OAK FOREST PARK DISTRICT
GIRLS 12 INCH FAST-PITCH SOFTBALL AGES 5-13

ACTIVITY #	DIVISION	GRADE	FEE
Games played at Gingerwood Fields - 169th & Forest Ave. Weeknights 6pm/Weekends 10 am.			
5503-1101-01	Petite	PK-1st*	\$125.00
5503-1101-01	Junior	2nd-4th	\$150.00
5503-1101-01	Major	4th-8th*	\$150.00
Optional Fee: Facemask \$25			
Notes: *Girls age 5 years born on or before May 1, 2020, and no older than 13 years born on or after January 1, 2011, are eligible to play. All new members must provide a copy of their birth certificate at the time of registration. For more information on Girls Softball, call 708-687-7270 ext. 117 or visit www.ofpdgirlssoftball.com. The OFPDGS Committee encourages you to "Play Ball!"			



SOCCER KICKS FOR KIDS AGES 4*-15 (boys & girls)

Kicks for Kids is an instructional program for our youngest players, boys and girls, focusing on teaching individual soccer skills. In Kicks for Kids, your child can gain the confidence to play soccer in a no-stress environment, where we don't have goalkeepers, and we don't keep score. All teams have a 30-minute practice, followed by a 30-minute game. All players will be invited to participate in an end-of-year event.

ACTIVITY #	DATES	DAY	TIME	FEES
Games played at Gingerwood Fields? - 169th & Forest Ave.?????				
5501-1101-01	April - June	M & W	6:30-7:45 pm	\$125 R/NR (before Nov.7) \$145 R/NR (after Nov. 7)
Notes: *Age 4 years, born by September 1, 2025				

RECREATIONAL SOCCER LEAGUE

AGES 6-15 (boys & girls)

Our in-house recreational soccer league is for boys and girls in 1st through 8th Grade. In our recreational league, players will continue to develop individual soccer skills while they learn team skills and strategy.

With the help of our coaches and soccer parents, we work to develop an environment for our recreational league that will focus on fun and timing first, with winning secondary.

All games will be played on Sundays in Oak Forest. Each team will also hold two one-hour practices per week, with days and times at the coaches' discretion, usually weekday evenings. All players will be invited to participate in an en-of- year tournament.

ACTIVITY #	DATES	DAY	TIME	FEES
5501-1102-01	April - June	SU	6:30-7:45??	\$140R/NR (before Nov.7) \$160 R/NR (after Nov. 7)
Notes: Pictures: Each player will receive a great photo package at no additional charge. Equipment: All players will receive a shirt and socks. Players will need to provide soccer shoes, hard shin guards, and a soccer ball appropriate for their division. For more information on soccer, visit our website at www.ofpdsoccer.org				

PINOCHLE CLUB AGES 18+

Join us every Wednesday for a game of pinochle. All levels are welcome to join this new drop-in group. No registration necessary. Cards and coffee will be supplied.

DAY	TIME	FEE
Central Park Building - 15601 S. Central Ave.		
W	9:30 am-12:30 pm	\$1 at the door

HOOKS AND NEEDLES AGES 12+

Have you ever wanted to learn how to knit or crochet? Maybe you already do and want to join a group of people to share experiences, inspire, and encourage each other, please join us.

We will teach you the initial techniques and basic stitches for whichever craft you want to learn.

You will need to purchase your own crochet hook (I or J) and or knitting needles (US 11 circular) and a skein of yarn of your choice. See you there!

ACTIVITY #	DATE	TIME	FEE
Instructors: Michelle Pruitt, Chrissy Samiec & Margaret Thomson Central Park Building - 15601 S. Central Ave.			
3054-1101-01	Nov. 7 - Nov. 28	10 am - 12 pm	\$50 R/\$60 NR
3054-1101-02	Feb. 6 - Feb. 27	10 am - 12 pm	\$50 R/\$60 NR
Notes: If you already know how to crochet or knit, you can drop in for \$5 a class, bring your WIP (work in progress)			

LINE DANCING AGES 16+

A fun and exciting way to learn a choreographed dance in a group. The dances are choreographed around a repeating series of steps performed in unison to contemporary and country music.

ACTIVITY #	DATE	DAY	TIME	FEE
Instructor: Maxine Nowobilski Central Park Building - 15601 S. Central Ave.				
3059-1101-01	Sept. 21 - Oct. 26	M	1-2 pm	\$50 R/\$60 NR
3059-1101-02	Nov. 2 - Dec. 7	M	1-2 pm	\$50 R/\$60 NR
3059-1101-03	Jan. 18 - Feb. 22	M	1-2 pm	\$50 R/\$60 NR
3059-1101-04	Mar. 1 - Apr. 5	M	1-2 pm	\$50 R/\$60 NR



THORNTON QUARRY TOUR AGES 18+

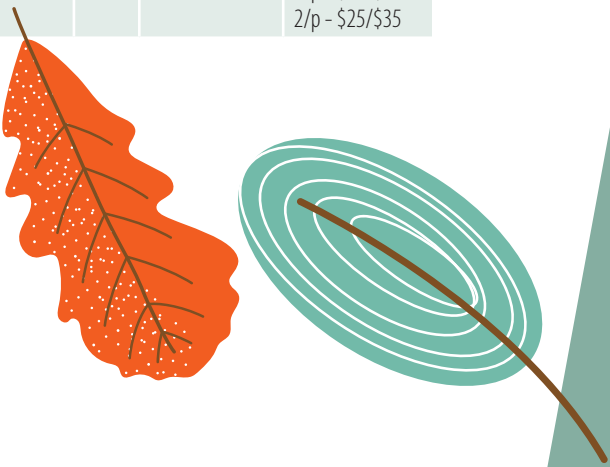
Ever driven past Thornton Quarry and wondered what's inside? Now's your chance to find out! Join us for a guided tour into one of the world's largest commercial quarries — a colossal pit 450 feet deep and big enough to swallow the entire village of Thornton. See its massive scale and fascinating operations up close. Don't miss this rare chance to experience the power and grandeur of Thornton Quarry!

ACTIVITY #	DATE	DAY	TIME	FEE
Trip departs from the Central Park Building - 15601 S. Central Ave.to Thornton, IL				
8810-1101-01	Oct. 3	SA	8 am - 12 pm	\$75 R/\$85 NR
Registration Deadline: Sept. 15				
Notes: Fee includes the tour and transportation. Arrive 15 Minutes early to check in.				

INTRO TO THE ZONE FITNESS CENTER • AGES 10+

This program will consist of a 45-minute orientation to The Zone Fitness Center with a personal trainer. The trainer will go over safety and gym etiquette, instruction on cardiovascular and strength equipment, and free weights. This is the perfect opportunity to learn how to use everything without having to purchase a personal training package.

ACTIVITY #	DATE	DAY	TIME	FEE
Instructors: Chrissy Samiec or Michelle Pruitt The Zone Fitness Center - 15601 S. Central Ave.				
3056-1101-01	Sept. 8	T	10-10:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-02	Oct. 16	F	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-03	Nov. 14	SA	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-04	Jan. 23	SA	12-12:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-05	Feb. 9	T	11-11:45 am	1/p - \$15/\$20 2/p - \$25/\$35
3056-1101-06	Mar. 19	F	4-4:45 am	1/p - \$15/\$20 2/p - \$25/\$35



VOLLEYBALL LEAGUES AGES 18+
Central Park Building - 15601 S. Central Ave.

WOMEN'S MONDAY NIGHT			
FALL 2026			
ACTIVITY #	DATE	TIME	FEE
5530-1101-01	Starts Sept. 14	Start 7pm	\$285 R/\$325 NR
WINTER 2027			
5530-1201-01	Starts Jan. 18	Start 7pm	\$285 R/\$325 NR

Teams:
Up to 16 teams split into 2 divisions:
"A," – Competitive • "B," – Recreational
All new teams start in the "B" division

No refunds will be given one week before the first game unless a replacement team is found.

FRIDAY NIGHT CO-ED			
FALL 2026			
ACTIVITY #	DATE	TIME	FEE
5520-1101-01	Starts Sept. 18	Start 7pm	\$285 R/\$325 NR
WINTER 2027			
5520-1201-01	Starts Jan. 22	Start 7pm	\$285 R/\$325 NR

Teams:
Up to 16 teams split into 2 divisions:
"A," – Competitive • "B," – Recreational
All new teams are automatically placed in the "B" division

Notes:
Fall Returning Registration: Aug. 3
Fall New Team Registration: Aug. 10
Winter Returning Registration: Dec. 7
Winter New Team Registration: Dec. 14

No refunds will be given one week before the first game unless a replacement team is found.

SUNDAY NIGHT CO-ED OPEN GYM	
The gym and courts are open to anyone 18 years and over.	
TIME	FEE
6-8 PM	\$5 per person, each night



SPIN YASA NEW • AGES 16+
A high-energy hybrid workout that pairs intense indoor cycling with mindful yoga. It features a first half of high-intensity interval training (HIIT) on a bike, followed by a fluid, breath-led Vinyasa flow to stretch, release, and ground the body.

ACTIVITY #	DATE	DAY	TIME	FEE
Instructor: Cassidy Pruitt Central Park Building - 15601 S. Central Ave.				
3053-1101-01	Oct. 20 - Nov. 24	TU	6-7 pm	\$50 R/\$60 NR
3053-1101-02	Feb. 2 - Mar. 9	TU	6-7 pm	\$50 R/\$60 NR



YOGA EVENTS AGES 16+
Autumn Equinox
A yoga flow that honors the seasonal shift toward darkness and introspection. We will focus on finding the balance between light and darkness, the active and the passive, while grounding our bodies. This blend of flow will help you release what no longer serves you.
Rooted in Renewal: A New Year's Flow
A yoga flow that is designed to help you release the past and plant seeds for the future. Through grounding poses, heart openers, and mindful intention setting, you will build heat and clear mental clutter. You will leave feeling refreshed, empowered, and ready for new beginnings.
Each event will end with a complimentary buffet of healthy, inspired items.

ACTIVITY #	EVENT	DATE	DAY	TIME	FEE
Instructor: Cassidy Pruitt Central Park Building - 15601 S. Central Ave.					
3060-1101-01	Autumn Equinox	Oct. 4	SU	9-11 am	\$25
3060-1101-02	Rooted in Renewal	Jan. 17	SU	9-11 am	\$25

CYCLE AND SCULPT AGES 16+
One hour of indoor high-energy cardio workout incorporating various cycle rides using resistance and speed controls. Builds strength by maximizing time in and out of the saddle with intervals of weight training.

ACTIVITY #	DATE	DAY	TIME	FEE
Instructor: Chrissy Samiec Central Park Building - 15601 S. Central Ave.				
3052-1101-01	Sept. 8 - Oct. 13	TU	8:30-9:30 am	\$50 R/\$60 NR
3052-1101-02	Oct. 27 - Dec. 1	TU	8:30-9:30 am	\$50 R/\$60 NR
3052-1101-03	Jan. 5 - Feb. 9	TU	8:30-9:30 am	\$50 R/\$60 NR
3052-1101-04	Feb. 23 - Mar. 30	TU	8:30-9:30 am	\$50 R/\$60 NR



YOGA SCULPT/PILATES FUSION AGES 16+
Yoga Sculpt is a yoga style that combines cardio, yoga poses, and weight-based strength training. It is a full-body workout that can tone and sculpt your muscles, burn calories, and improve your strength and flexibility. Now, combine that with some Pilates, a form of strength training that uses a system of repetitive exercises, and you have an awesome workout.

ACTIVITY #	DATE	DAY	TIME	FEE
Instructor: Cassidy Pruitt Central Park Building - 15601 S. Central Ave.				
3058-1101-01	Sept. 9 - Oct. 14	W	6-7 pm	\$50 R/\$60 NR
3058-1101-02	Oct. 28 - Dec. 2	W	6-7 pm	\$50 R/\$60 NR
3058-1101-03	Jan. 6 - Feb. 10	W	6-7 pm	\$50 R/\$60 NR
3058-1101-04	Feb. 24 - Mar. 31	W	6-7 pm	\$50 R/\$60 NR



SAVE AN ACTIVITY
Please sign up for a trip or activity as soon as you are interested, to avoid cancellation!
Nothing kills an activity more quickly than insufficient participation.

Stay Social with Us!
f i X



Community Garden

WE'RE EXCITED TO ANNOUNCE THAT THE COMMUNITY GARDEN WILL RETURN FOR THE 2027 GROWING SEASON!

Garden plots are available at our 151st & Long Avenue location. The ground will be tilled, marked, and ready for planting by Mother's Day weekend, weather permitting. Whether you choose to grow vegetables, herbs, flowers, or a combination of all three, the rest is up to you!

Renewal information will be sent to 2026 gardeners in early March. Returning gardeners may register beginning March 22, with registration for new gardeners opening April 12. Available plots will be assigned on a first-come, first-served basis.

Join us for another season of growing, learning, and enjoying the rewards of community gardening.

ACTIVITY# 7721-2101-01 • 20 Lots (each lot 10' x 30') • \$60 R/\$78 NR

OAK FOREST-CRESTWOOD CHAMBER OF COMMERCE COMMUNITY EXPO FAIR

This is a great way to spend your Saturday, visiting and interacting with all the local businesses and organizations of Oak Forest. The Park District, City Departments, Schools and Churches will all be there!

- There will be tons of giveaways
- DJ with music & trivia
- Kid's fun zone with games & prizes
- Halloween costume parade at 10:00am
- Oak Forest Rotary Blood drive.

DATE	DAY	TIME	FEE
Arbor Park Middle School - 17303 Central Ave.			
Oct. 17	SA	9 am-12 pm	FREE
Notes: For more information, visit www.oak-forest.org or call 708-687-4050			

JOLLY JAMBOREE

Oh, what fun you will have as you walk from station to station to enjoy some holiday cheer with friends, family, and neighbors. Don't miss your chance to tell Santa what's on your wish list, sing along to your favorite holiday songs, decorate cookies, find out the winners of the trim-a-tree contest, and much more.

DATE	DAY	TIME	FEE
City Hall Campus - 15440 S. Central Ave.			
Dec. 6	SA	10 am-12 pm	FREE??
Notes: For more information, visit www.oak-forest.org or call 708-687-4050			

18TH ANNUAL OAK FOREST FLEADH AND CNB FLEADH 5K

Fleadh around town with Fitness, Family, & Fun! This well-loved event has something for the whole family. Walk/run the CNB Fleadh 5k – throughout the neighborhood. Enjoy our family parade filled with floats, pipe bands, and plenty of candy! Finish the day visiting all our restaurants & bars offering specials and plenty of Irish tunes.

DATE	DAY	EVENT/TIME
Throughout the neighborhood of Oak Forest		
Mar. 6	SA	CNB Fleadh 5K: 8:30 am Open Streets: 10 am Family Parade: 11 am
Notes: For more information, visit www.oak-forest.org or call 708-687-4050		

FLEADH FAMILY FEST

Celebrate music, crafts, and community at the Fleadh Family Fest! Right after the spectacular Fleadh Parade, head to our gym for an afternoon bursting with fun. Enjoy lively music that will have you tapping your feet, creative crafts and exciting games for the kids, and tasty light concessions for everyone. With laughter, music, and hands-on activities filling the air, it's the perfect way to keep the celebration going. The Fleadh Family Fest promises an afternoon full of joy, energy, and smiles for all ages!

DATE	DAY	TIME	FEE
Central Park Building (Gymnasium)- 15601 S. Central Ave..			
Mar. 6	SA	11:30 am-1:30 pm	FREE

OAK FOREST BASEBALL ASSOCIATION AGES 4-18

The Oak Forest Baseball Association has been providing supervised instructional baseball games for over 50 years.

REGISTRATION	DAY	TIME
Convent Park Batting Cages - 149th & Menard		
Early-Nov. 2026 (save \$20 per player)	SA	10 am-3 pm
2nd Registration-Jan. 18, 2027		
Final-Feb. 2027 (\$20 late fee)		
Notes: For more information, contact the Baseball Association at the Batting Cages, 708-638-0801 or online at oakforestbaseball.org .		

OAK FOREST RAIDER TACKLE FOOTBALL & CHEERLEADING AGES 5-14 (boys & girls)

The Oak Forest Raider tackle football program is a member of the Southwest Midget Football League. The program provides an opportunity for your child to participate in a grade school/age-group tackle football program. The purpose of the program is to teach players the fundamentals of tackle football, such as blocking, tackling, running, passing, and kicking, as well as the ideals of good sportsmanship, cooperation, and respect. The program is also here to promote safety by having all players in complete equipment. The Raider program furnishes equipment.

Practice begins July 30th. Regular season games start at the end of August.

REGISTRATION	DAY	TIME
Raider Bldg.- 15601 Natalie Dr.		
Early – Jan. 2027 (save \$50 per player)	SA?	10 am-3 pm
Final – June 2027		
Notes: For more information, contact the Baseball Association at the Batting Cages, 708-638-0801 or online at oakforestbaseball.org .		



FOREST VIEW FARMS RIDING STABLES

English riding lessons, Western riding, Pony classes and rides for children, Pony & Horse birthday parties, Adult riding, Trail rides through forest preserves, Horse-pulled wagon rides, Pony and Wagon Rentals, Haunted Hay Ride, Holiday Camp, and Summer Camp.

\$10.00 OFF
a Lesson or Trail Ride
(1 coupon per person)

16717 S. Lockwood Ave.
708-560-0306 • www.FV Farms.com
M-F | 10-3 pm



DID YOU KNOW OAK FOREST HAS AN ANIMAL CONTROL FACILITY?

The facility and its furry inhabitants are cared for by the Animal Control Officer and a great group of volunteers called Friends of Oak Forest Animal Control. If you are looking for a lost pet, notice a stray or hurt animal, or have a concern, please call the non-emergency police number at 708-687-1376 and leave a message on the animal control line at 708-705-5690.

Would you like to foster an animal and want to know more information?

Check out our Facebook page:
www.facebook.com/Oakforestanimalrescue or contact Morgan at mbfedro@gmail.com.

Park district hours, activities, and rates are subject to change.



FALL
WINTER
2026

South Suburban Special Recreation Association (SSSRA) provides recreational opportunities for children and adults with disabilities or special needs. SSSRA is an extension of the Oak Forest Park District.

INCLUSION SERVICES

Individuals who have special needs are welcome to participate alongside their peers in any programs offered by our member park districts and recreation departments. SSSRA staff are available to help choose appropriate programs, conduct staff trainings, or supply adaptive equipment.

Please call 815.806.0384 or email info@sssra.org for additional information.

FALL WINTER 2026

SSSRA is offering a variety in-person and virtual programs and special events.

Please visit our website or browse our brochure for all programs and complete details. **All individuals must be registered to attend programs and special events.**

Basketball Basics

Ages 2 to 12
Thursday, October 8 to November 19
Morton Gingerwood School, Oak Forest
\$55 Resident / \$83 Non-Resident
Registration Deadline: Sunday, September 6

Session Times

5:30 to 6:15 pm
6:30 to 7:15 pm

Stingrays Powerlifting Preseason

Ages 13 & Older
Thursday, October 8 to November 19
6:30 to 7:30 pm
Oak Forest Park District
\$48 Resident / \$72 Non-Resident
Registration Deadline: Sunday, September 6

Fitness & Fun

Ages 13 & Older
Saturday, October 10 to November 21
10:00 to 11:00 am
Oak Forest Park District
\$55 Resident / \$83 Non-Resident
Registration Deadline: Sunday, September 6

Fall Fest

All Ages
Saturday, October 3
12:00 to 2:00 pm
SSSRA, Tinley Park
\$5 Resident / \$5 Non-Resident
Registration Deadline: Sunday, September 6

A Visit to the North Pole

All Ages
Saturday, December 12
10:00 am to 12:00 pm and 1:00 to 3:00 pm
SSSRA, Tinley Park
\$5 Resident / \$5 Non-Resident
Registration Deadline: Sunday, November 29

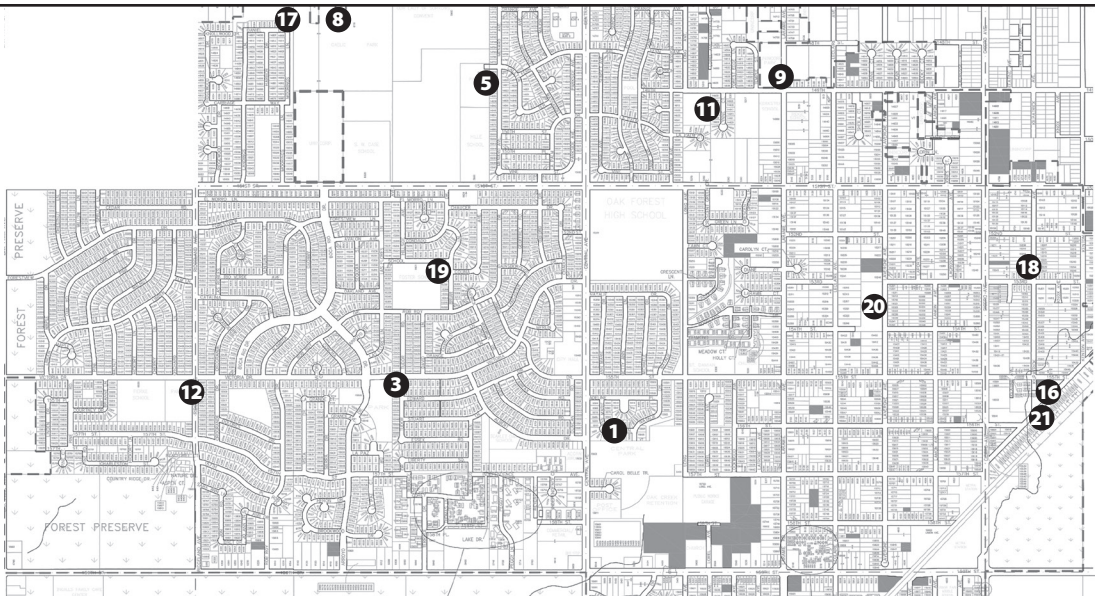


19910 80th Avenue
Tinley Park, IL 60487

sssra.org
info@sssra.org

815-806-0384
Illinois Relay System: 711





PARK TRAIL GUIDE		
Site	Miles	# of Laps
Central Park, around Football and Ball Fields 15601 S. Central Ave.	.39 miles	1 ½
Central Park, Shooter Field & Retention Pond 15601 S. Central Ave.	.53	2
Convent Park 149th & Menard Ave.	.25	4
Gene Leonard Park 149th & Laramie Ave.	.25	4
Jesk Park 155th & Ridgeland Ave.	.50	2
Gingerwood Park 169th & Forest Ave.	.28	4
Don & Loretta Gorman Park 4412 Henry St. Connects to Oak Forest Heritage Preserve Trail	1.7	

COMMUNITY PARKS

1. Central Park
15601 S. Central Ave.
2. Don & Loretta Gorman Park
4412 Henry St.
3. El Morro Park
155th & Arroyo Dr.

NEIGHBORHOOD PARKS

4. Avenues Park
Fieldcrest & Willowick Dr.
5. Convent Park
149th & Menard Ave.
6. Don Burns Park "Gingerwood"
169th & Forest Ave.

7. Friendly Oaks
163rd & Long Ave.
8. Gaelic Park Soccer Fields
147th St.
9. Gene Leonard Park
149th & Laramie Ave.
10. Harriet Park
160th & Forest Ave.
11. Heritage Park
149th St. & Long Ave.
12. James Jesk Park
155th & Ridgeland Ave.
13. Lagoon Park
Debra Dr. & Leslie Ln.
14. Lockwood Park
Lockwood Ave. & Christopher
15. Malecky Park
172nd & Arrowhead Tr.
16. Athletic Center
155th & Kilpatrick
17. Terry Steczo Park
Daniels Ln.
18. Tot Lot Park
153rd & Kilpatrick Ave.
19. Tower Park
Rob Roy Dr. & David Ln.
20. Vergne Way Park
153rd & Lavergne Ave.
21. Waverly Creekside Park
155th & Waverly Ave.

COMMUNITY PARKS		WALKING PATHS	CONCESSIONS	FIELD HOUSE	FISHING	FLAG FOOTBALL FIELD	FOOTBALL FIELD AND CONCESSIONS	GOLF COURSE - MINI	HARDBALL DIAMOND	MAINTENANCE GARAGE	OUTSIDE LIGHTING	PAVILION	PICNIC AREA	PLAYGROUND EQUIPMENT	HANDICAP SWING	REC. BLDG. AND GYM	SOFTBALL DIAMOND	TENNIS COURTS	TOT PLAY AREA	VOLLEYBALL	SOCCER FIELD	BASKETBALL COURTS	SLED HILL	PICKLE BALL
1.	Central Park 15601 S. Central Ave.	1	1	1			1		2	1	1	1	1	1	1	1	1	3	1	1				2
2.	Don and Loretta Gorman Park 4412 Henry St.		1	1		1			2		1			1										
3.	El Morro Park 155th & Arroyo Dr.	1	1	1				1			1	2	1	1									1	
NEIGHBORHOOD PARKS																								
4.	Avenues Park Fieldcrest & Willowick Dr.													1										
5.	Convent Park 149th & Menard Ave.	1	1						4	1	1			1					1		1			
6.	Don Burns Park "Gingerwood" 169th & Forest Ave.	1	1			1				1	1	1	1	1	1		4	2				1		
7.	Friendly Oaks 163rd St. & Long Ave.								1					1				2				1		
8.	Gaelic Park Soccer Fields 147th St.																				4			
9.	Gene Leonard Park 149th & Laramie Ave.	1												1	2						1			
10.	Harriet Park 160th & Forest Ave.										1		1	1	1				1	1	1			
11.	Heritage Park 149th St. & Long Ave.								1					1										
12.	James Jesk Park 155th & Ridgeland Ave.	1				1					1	1	1	1			2	2				1		1
13.	Lagoon Park Debra Dr. & Leslie Ln.				1																			
14.	Lockwood Park Lockwood Ave. & Christopher													1										
15.	Malecky Park 172nd & Arrowhead Tr.										1	1	1	1	1				1	1		1		
16.	Athletic Center 155th & Kilpatrick			1																				
17.	Terry Steczo Park Daniels Ln.										1	1	1	1	1					1		1		
18.	Tot Lot Park 153rd & Kilpatrick Ave.																		1					
19.	Tower Park Rob Roy Dr. & David Ln.								2					1	2									
20.	Vergne Way Park 153rd & Lavergne Ave.													1	1							1		
21.	Waverly Creekside Park 155th & Waverly Ave.												1	1				1				1		



OAK FOREST PARK DISTRICT

Central Park Building
Administrative Offices
15601 S. Central Ave.

Don Gorman
Recreation Center
4412 Henry St.

Park Place at Central
Event Rentals
15601 S. Central Ave.

THE ZONE
15601 S. Central Ave.

www.oakforestparks.org
708.687.7270

Upcoming Events

AUGUST

- | | |
|----|--------------------------------|
| 24 | Resident Registration Open |
| 26 | Non-Resident Registration Open |

SEPTEMBER

- | | |
|----|---|
| 6 | Old Times Family Picnic |
| 11 | Senior Picnic |
| 13 | Sparklers Tryouts <i>see page 29 for info</i> |
| 19 | Sparklers Makeup Tryouts (Noon) |

OCTOBER

- | | |
|---------|---|
| 2 | Halloween Movie in the Park @ El Morro Park |
| 3 | Thornton Quarry Tour |
| 10 & 11 | "Spook"tacular Golf @ El Morro Park |

NOVEMBER

- | | |
|---|-------------------------------------|
| 7 | Turkey Shoot Basketball Competition |
|---|-------------------------------------|

DECEMBER

- | | |
|----|--|
| 11 | Countdown to Christmas Parents Night Out |
| 12 | Christmas Arts & Crafts Workshop |
| 19 | Christmas Sweet Treats |

JANUARY

- | | |
|---|---------------------------|
| 9 | Spring Sport Registration |
|---|---------------------------|

FEBRUARY

- | | |
|----|---------------------------|
| 12 | Daddy Daughter Date Night |
|----|---------------------------|

MARCH

- | | |
|---|------------------------------|
| 6 | Oak Forest and CNB Fleadh 5K |
|---|------------------------------|



*Join the Fun &
Get Social with Us!*

